$1.50 Vol.4 No.4 1984

PSYCHIC LIFE

Psychics "See" Egypt

Spiritual Marketplace

EGYPT

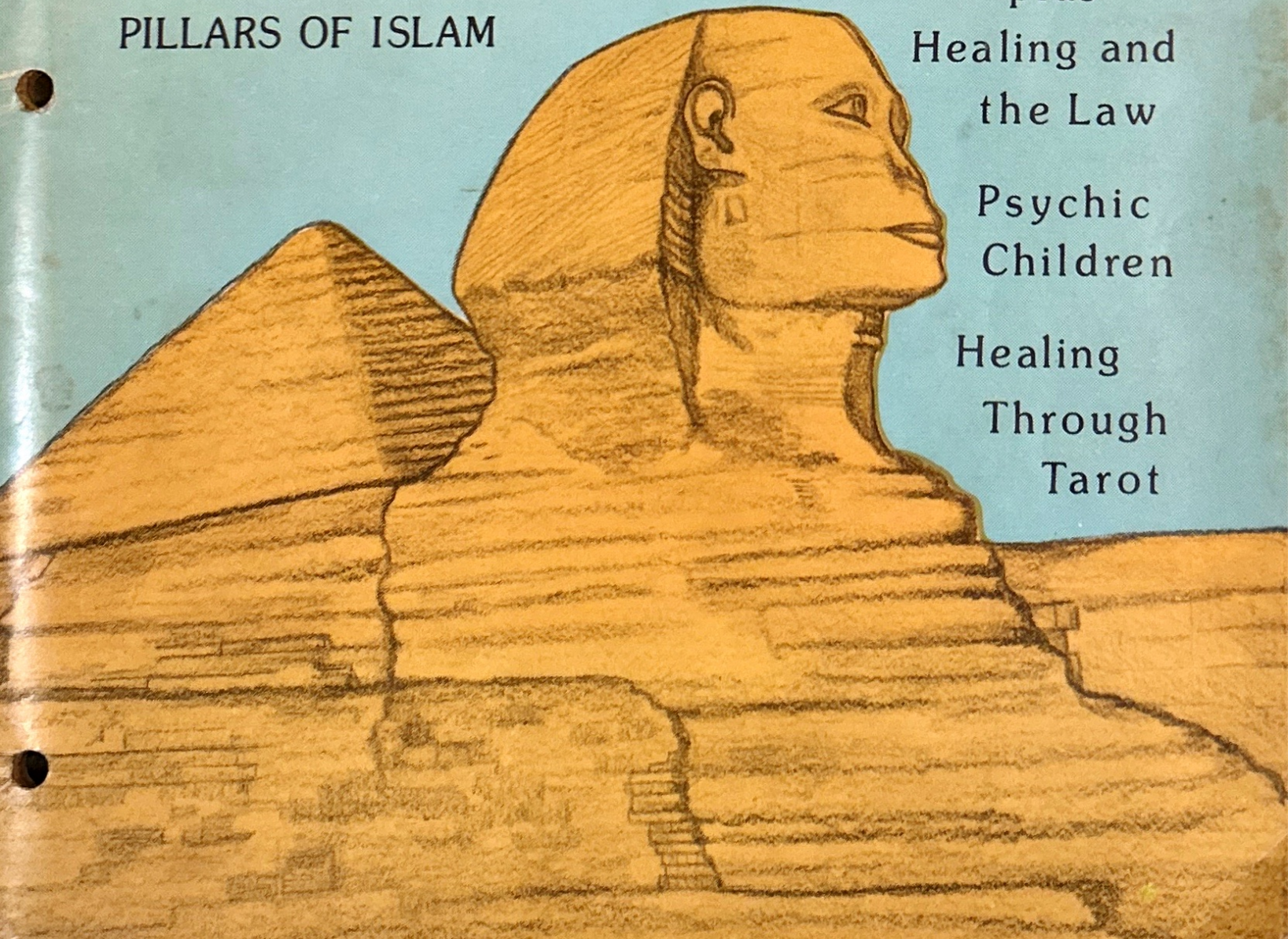
PSYCHICS LOOK AT:

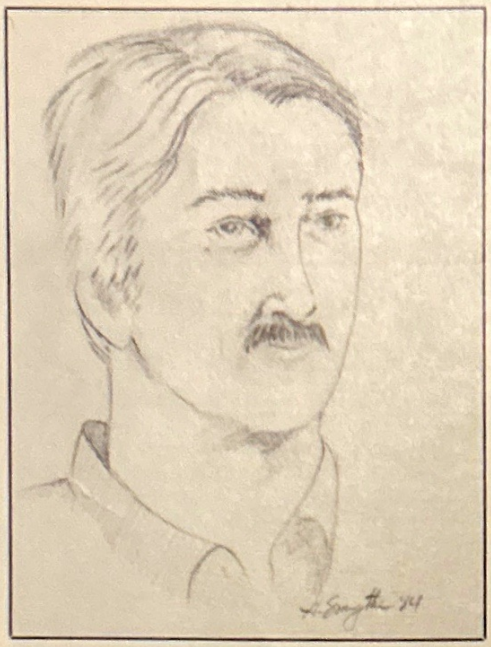
TEMPLE OF KARNAK
PAST LIFE PRAYER
PILLARS OF ISLAM
PYRAMID POWER
HIEROGLYPHICS

plus
Healing and the Law

Psychic Children

Healing Through Tarot





What happens at the Berkeley Psychic Institute?

from the Graduation Address given by Rev. Leigh Smith on his graduation from the year-long training program of the Berkeley Psychic Institute and the Church of Divine Man

Hello.

When I came to the Berkeley Psychic Institute for my first reading a little over two years ago a very remarkable thing happened. I sat across the room from three people I'd never met before, and they proceeded to tell me all about myself. They told me things that I'd only thought to myself and never really verbalized. They said hello to me as a spirit and no one had ever done that. That started what I now know as a "growth period."

At one point a man walked in the room, looked over at me and laughed to himself. He asked if I worked for the phone company because I had these phones in my aura. It really surprised me because I was training people for a suicide hotline and felt like I had phones coming out of my ears.

I learned something from that reading and subsequently from the year program about the work I was doing. I was a counselor, working with people and I thought I'd learned quite a lot about people. In fact, I had perfected the ability to really feel what people were going through. I'd meet somebody and I'd just know in the pit of my stomach what they were experiencing without even asking. That's why I started taking classes at the Institute. I saw what was done there and thought that it would be great to learn to communicate without experiencing the pain and emotional levels in my body.

The first few months of the Clairvoyant Training Program were very interesting. I learned that I didn't have to be afraid of the dark anymore. When you read clairvoyantly you close your eyes all the time. When I was a kid and I was trying to go to sleep, there would be all these people standing around looking at me. You know it's a little unnerving; you're trying to sleep and there's someone with their tongue hanging out looking at you. Like most kids I asked my mother what was going on and she said "Oh, you're just imagining things - just seeing things" and I said "I know I'm seeing things, my question was why?" She was really calm about it; she gave me some good advice. "If you ignore it, it will go away." And sure enough, they started to go away. As time went by I put so much energy into not seeing what I wasn't supposed to, I started wearing glasses to see what I was supposed to see.

In the Clairvoyant Program I learned about amusement. I always had quite a lot. Some of the scrapes I've been in, I've had to have a little amusement. But I also found out the Supreme Being has a lot of amusement. I found that out when I would ask him to solve my problems and he said, it wasn't his problem. And who else but a being with amusement would create a body where the hardest place to scratch an itch would be the back of the fourth chakra!

I also learned about pain. I'm a real authority on that. I realized that you don't really have to have pain in the body, you can just let it go - ground it out.

I had a real interesting experience about a three weeks ago. My younger brother came out from Florida for a visit and I was going to explain what I was doing at the Institute and the Church. I took him in to get a reading. I learned quite quickly that my brother was a spirit. I didn't know that before. It was a surprise to him also. I found that the rest of my family is spirit, too. I learned that I had to let them be spirits before I could actually gain my freedom.

I did want to mention something about the Church, since I'm becoming a minister today I thought it would be appropriate. I know that may sound serious, but you can say something serious in amusement. Lewis (Lewis Bostwick, founder of the Berkeley Psychic Institute) mentioned that we all participated in designing the game on this planet, and I think it is only fair that we all participate in changing the game. And that's a lot of what I see us doing. I am looking forward to taking a part in it. And that's as serious as I'm going to get. Personally I can hardly wait to see what I am going to learn next that I already know.

For More Information: Berkeley Psychic Institute, 2436 Haste St., Berkeley 94704 (415) 548-8020

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Cover design by Caitlin Goodsell

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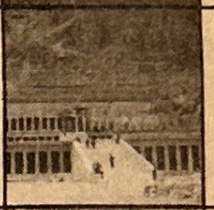
Hatshepsut	Two Psychics explore the different experience they had in their visits to Egypt — and the information they saw there for spirits in male and female bodies.		28
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Editorial

The ONLY Magazine
BY Psychics FOR Psychics

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This is your Psychic Life does not prescribe. The spiritual healings and spiritual techniques explained here are fpr educational use only. It is recommended that those seeking medical service see a physician.

This is the 22nd issue of Psychic Life Magazine.

We have been offering FREE listings to any professional psychic who would like to be listed in our Spiritual Marketplace section, pages 40 to 42. We encourage all psychics to list professionally. Here we promote all psychics, regardless of their style of reading: tarot card reader, astrologer, palm reader, aura reader, past life reader, astrologer, etc. Please see page 40 for information on how to receive a free listing.

The Psychic Hotline is a new service of Psychic Life Magazine and Deja Vu Publishing Co. This service is to help the public in reaching a psychic in his or her geographical area. The Hotline, largely a California connection, but expanding to other states soon, offers a referral service and "instant" counseling. Any psychic who would like to become a member of this service may write or call the "Psychic Life" Hotline Number, (415) 459-3551.

This issue presenting Egypt is a bit late in coming to you. We apologize to our faithful subscribers. Sometimes the energy surrounding our topics is so thick, nothing happens. Any suggestions for removing the molasses like energy that gets encased around deadline would be most helpful. And many psychics, in spite of the thickness, carry on to get the magazine out. Often the people behind the scenes, those listed in the Masthead, rarely receive recognition for all the hours of time, much freely given, to make this publication come to life every other month. I'd like to call your attention to Production Manager, Darla Christiansen, who extracts stories, spirit photos, and donations of time from any psychic who has a miracle to report, or a tale to tell of his or her experience or likes to hang around the layout tables. She can be heard saying, "But, that would make a great story for the magazine. Why don't you write it up?" And if the psychic has no bent for writing, she interviews her, and pulls the story out. Darla is also the spring in the works that keep the wheels of production going.

Darla is a creative artist in her own right. When not creating with ink on paper she is making porcelain dolls and their clothes. She is also a teacher and aura reader for the Berkeley Psychic Institute teaching body weight classes and giving body weight readings.

Another psychic who has spent an untold number of hours weekends at the keyboard on deadline is Sherry McInelly, our computer operator. She handles the word processing program for Psychic Life and teaches others the system who have never worked with computers before.

The most recent creative input in the darkroom and on the AGFA Repromaster 2001 is Jim Novak, who doubles as photographer and layout assistant. When out of the dark room, Jim can be seen in local San Rafael hangouts belting out oldies and goodies while playing at the piano bar. A recent graduate of the Berkeley Psychic Institute, Jim is also an aura reader.

Volunteers Lenka and Ian Warder offer differing talents to Psychic Life. Lenka's art can be seen as the Egypt maps on pages 14 through 37 of this issue of Psychic Life. Ian's contribution is less noticeable—he proofreads all the galleys, correcting the computer, as well as the author's work.

Other artists Caitilin Goodsell and Greg Hudson offer their talents to designing covers and drawing cartoons and fillers for stories. Caitilin has been a consistant contributor for more than three years, giving her spirit guide drawings and others upon request. She hails from San Diego where she is a teacher of Kundalini, Healing and Breaking the Ice classes at the Berkeley Psychic Institute of San Diego. See her work in this issue on the cover and pages 8, 10, 49, and 50. Greg Hudson started offering cartoons while still a student in the BPI clairvoyant program and has done several covers; see Vol. 3 No.5/6, Vol. 4 No. 1, Vol. 4 No. 2 and Vol. 4 No. 3.

We would like to thank Linda Enos for her work for the past two years keeping our sales accounts up to date and we bid her adieu and good luck in going on to her endeavors. We welcome Janice Siebert, our new sales person who also manages our new Psychic Hotline Service. Thank you to all of those who have donated many hours of time to make Psychic Life come out each time. We appreciate Susan Pearce, Heather Smythe, Sid Breckenridge, Lew Schuler, Margie Horton and Laurna Gmelin.

Psychic Life Magazine is a labor of love. Many people who help, freely give of their abilities because they want to contribute to and support a magazine that demystifies spirit, and promotes the concept that we are all psychic and they want to help us get it out on schedule.

If you would like to help make Psychic Life a reality for more people searching for the answers to spirit, please contact Darla or Susan at the Deja Vu Publishing Co. offices, (415) 459-3551.

****

Because of the many experiences we had throughout Egypt we are devoting this issue as well as our next issue to these unique stories. Watch for more Egypt in Vol. 4, No. 5.

Susan Hull Bostwick
Editor

cosmic correspondence

PSYCHIC NOT CRAZY

Let me assure you, before I recount my story, that I'm crazy and I know it. I mean there's the time in my past when I knew a man was going to die by his own hand in a violent manner, and there was nothing I could do about it. After all, it wasn't my problem.

And then there was the time a few years later when it took the physical manifestation of a red onion (lying on the corner sidewalk of a very busy street) to convince me that I "should" go to the singing audition at "The Red Onion" restaurant that night instead of meditating on the full moon eclipse at the beach. (I got the job just at the time of the full moon eclipse and it turned out to be a great one.)

But the latest incident is a craziness of another form. Maybe its not me that's crazy, but the stove in my cottage.

To preface this story, you should know that the left front burner on the gas stove has gotten to the point where it has to be lit by a match each time it's turned on unlike the other burners which light automatically when the handles are turned on.

O.K., now that you know that I can continue with the story. It's actually just a simple recounting of two related events.

The first one occurred on an afternoon about a month ago. I had purchased a nice cobalt blue enamel sauce pan recently and that afternoon I began to cook something in the pan on the right-hand front burner. A while later I heard something sort of crackling. It didn't really register what it was until I went back into the kitchen a bit later to find the lid of the new pan on the left-front burner (the one that has to be lit manually) and both front burners were blazing away. I turned off the burner, removed the lid from the stove and puzzled over it. It wasn't until later on when I needed to use both burners and couldn't locate any matches that I felt somewhat more assured that I hadn't absentmindedly started that left-hand burner ablaze.

The second incident occurred a few weeks later in the middle of the night. At about 2 a.m., my baby woke me up to be fed. After feeding him, I got myself a glass of water and went back to sleep. About an hour later, he again woke me (teething time can be rough.) When I went to the bathroom, I noticed an eerie blue glow in the kitchen. Upon investigating it, I discovered that the right-rear burner was on full force under the kettle and the water was almost to a boil. I can't convince myself that I did it in a state of sleep-walking. First, I don't sleep-walk and, second, I rarely use that burner. Well, so whoever's doing it can cook enamel pan lids and boil water. I wonder if I can train it to prepare meals and wash dishes????

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The Spiritual Healing Center offers the finest healing of the physical, emotional, and mental levels. Reverend Joseph Martinez enters a trance state where spirit Doctors work with spiritual instruments in a painless and bloodless way on the body.

The Spiritual Healing Center also offers classes in self-healing. Students are assigned 2 healing Masters who facilitate the evaluation of consciousness and such activities as grounding, centering, chakra and auric clearing, exorcism, and meditation. A Spirit Doctor is assigned in the intermediate class to channel 8 methods of psychic surgery.

Reverend Joseph Martinez is the founder and full-time healer of the Spiritual Healing Center. He was born and raised in the Philippine Islands and is one of the Philippine healers. He is c recipient of the gifts of Spiritual Healing, Psychic Surgery and Exorcism, and Spiritual Dentistry.

Prayer Healing followed by Spiritual Dentistry is offered every Tuesday at 7:30p.m.

Meditation on Integral Yoga followed by group healing is offered every Wednesday at 7:30p.m.

Individual healing and counseling Wednesday through Friday 1-6p.m. Donation $40.00 per healing.

Healings are also available every Saturday in Sacramento. (916) 363-1268

The Spiritual Healing Center
1739 Anza Street
San Francisco, CA. 94118
(415) 221-4058

cosmic correspondence

And does it do windows?
Elizabeth L. Moon
Palo Alto

Good luck with your poltergist, Elizabeth, and thank you for your amusing stories. You are not alone out there thinking you are crazy. A common phrase around here may just apply to you! You may be psychic, not crazy. ...editor.

RINGING IN EARS

Hello:

I want to thank you for any support that you will give us on Drowning Creek Reservation. Any gift will be greatly appreciated. We do not receive an Federal of State funds or support from any form of public assistance. My goal is to get the Government out of the Indian business and take the 400 year yoke from around our necks. This is a free nation. We want to be part of the system of free enterprises. We are a minority people. Out of 250 million people, only 1 million plus are native American. The true spirit of our nation starts at home with the support of people like yourself. Our land is not Federal or State owned. We here on Drowning Creek work for the betterment of Our Great Nation. Please respond back.

All donations go to the Support Projects on Drowning Creek Reservation, Rt. 2, Box 108, Maxton, NC, 28364.

I bless You,
Chief Wise Owl

P.S.

I must have the copy of Psychic Life with the feature article on "Ringing in the Ears - Is Spirit Calling."

There has been a ringing sound in my ears now for four months. Please rush the magazine to me.

We have sent you Vol. 4, No. 1, Psychics and the Sense of Sound. I hope this issue will help you. Ringing in the ears is a common problem and an annoying one. Also, the Psychic Hot Line could put you into communication with a healer in your area who could also be of some help. See the Psychic Hot Line ad on page 5 for more information ...editor.

LASERS

I read your editorial on lasers, holograms and smell in the last Psychic Life. It touched off an experience of my own which I would like to share with you. You may already have some experience of it, as it involved you.

About a year ago I went to have my eyes examined (for the first time in eight years or so). The fellow who did it was very helpful, telling me exactly what he was doing the whole time. He did all kinds of tests, including shining a light (laser?) into my eyes to look inside them. I don't know if you have experience with this or not. Anyway, when I read your editorial that experience lit up. I tried blowing the pictures. It hurt. I ran my energy through it finally and it felt like that part of my head (the back of my eyes and that area of my brain) just got burnt out. I remember being sent to get my eyes checked more often as a kid and I would come home with whopping headaches.

The part that might interest you is that out of the black crispy stuff popped a picture I had of you (which I hope I sent back). I can't quite tell if it was there because I am writing to you about it now, or if it was there all along and I blew it just then. If it was there all along, I would like to say this about it: I can see how it might have affected your energy - here I was carrying a piece of you around and then went and got you burned to a crisp. Not to mention all the other pictures of people and places that I had in that area of my head. Not very fun for you, I'm sure. Sorry.

I could go on about how it's all connected to, and the aura of, a pain picture I have in my nose (getting it smashed on a gate and having frequent bloody noses.) Anyway, you're right, it is confusing. I'm working on it.

I guess my point is (and maybe you know this already) that things that happen to me while a piece of you is along too, affect you as well as me. (Not to mention all the other people, places, etc.)

If saying so didn't get me tangled up in karma, I would say that I hope this letter is helpful to you. I am working on my crazy pictures, too.

Love,
Kate

Thank you for sending back the energy. Good luck recovering your own energy from past lives and charged experiences. A review on how to get back some of this energy can be found in this issue in the "How to Heal" article on page 22. ... editor.

(Hello Readers: This column is a space for you to express yourself. You may wish to share your reaction to a story or a psychic experience you have had. We enjoy hearing from you. ...editor.)

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Ask Sharon

by Sharon Santos

Dear Sharon,
I feel that there are two or more spirits trying to take over my body; they are not very nice to me. I have tried to kick them out twice and felt healed both times. I felt like I was me for the first time. It was effortless, I mean just me! But that is only two times in ten years (maybe my whole life?). It is as if someone doesn't want me to write this. I realize that I am my worst enemy, but is it me or some other spirit? I am just lost, but no one can tell, they think I am so together. Please don't print my name. Thank you.

Dear Jane Doe,
There are many people out there who are having the same problems. As I look at you in trance I see that you have three guides that are all telling you how to run your body. One of the big problems with this is that they look like they haven't had bodies for a long time, so their information is not in present time. I see that you have got into good communication with yourself, and know the difference between them and you. You also know how to make separations and recognize spirit. This tells me that you are very aware of how to heal yourself, and with no effort! I see your main problem as invalidation, and no one to say hello to you as a spirit in a body. It is your body, own it and enjoy it. Your are your best friend, and you are right there. Would you like someone to communicate with? If so, please send a self-addressed stamped envelope. You also might be interested in our Psychic Hot Line. Call (415) 459-3551.

Sharon

Dear Sharon,
I am a trance medium who doesn't see auras, although I have been told that I am very clairvoyant. I have been bombarded with a great deal of fantasy, also pain and tension around the back of my neck and in my throat. My questions are: Do you think I will ever see auras, and does the Berkeley Psychic Institute admit people who do not see auras? Why do you think I have been bombarded with fantasy? Does this have any thing to do with my psychic development? Is there any thing positive about it? Am I channeling spirit? Do you think that this period of bombardment will go away?

Hunna

Dear Hunna,
The fantasies that you have been experiencing are the communication and mental image pictures of spirits that you communicate with. They are "cording" or hooking into your throat and their foreign energy causes pain in your space; they don't seem to have good psychic manners! Yes, the Berkeley Psychic Institute takes people who do not see auras. They teach how to read auras, as well as how to communicate with spirit. I think you will see auras. I think you have been bombarded because you can hear spirit. This is part of your psychic ability. I feel it is positive and there are many ways to improve your abilities. The Berkeley Psychic Institute can help you. Call (415) 548-8020, 9 a.m.-10:30 p.m., M-F, or daytimes on weekends. Channeling is another thing. I don't see the communication or bombardment stopping until you learn to protect yourself when you communicate with spirit.

Sharon

Note: The Ask Sharon column accepts your personal questions about a psychic, dream or mystic experience. For personal reply please send SASE. All other correspondence will be read clairvoyantly by Sharon or her staff and answered in this space.

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PSYCHIC CHILDREN

What is a Psychic Child?

by Susan Hull Bostwick

One of the question asked of me frequently is: How can you tell if a child is psychic?

You will not usually see spoons bend, appliances catch on fire or hear haunting music accompanied by lilting voices. The works of psychic children are not always so vividly discernable -- although all children have the mysterious ability to make socks and shoes vanish out of thin air - especially at the most inappropriate moments!

One vivid demonstration, however, did happen at Santa Rosa's Yin Yang Seminary for Psychic Children one day when two-year old Daniel Landerman chose black paint, a thick bristle brush and drew a distinct horse. He was bringing through an energy and information from a past life. (Two year olds of even exceptional ability do not draw horses in the style of a Sumi painting.) Watching your child's art work can tell you a lot. But, that is a bit easier than reading other actions. Art is something tangible that you can lay your hands on. Most psychic ability shows up in other ways.

One way is dreams. Some children have the ability to communicate with spirit. They may have an evening spirit playmate that stays after bedtime and scares the child at night. Some children may awaken and cry, frightened or confused by the experiences.

Psychic children are sensitive and their abilities manifest sometimes more often in very quiet, unsuspecting ways. Babies seem to have immediate and definite reactions to strangers. If you watch an infant, you can observe him read a stranger. Often the reading is seeing the colors in the aura as well as feeling the emanations from the auric field around the body. We all emanate vibrations. If you are going to be ill, that energy is in your aura before it hits the physical body. That is why an aura reader can tell you about illness sometimes before you have any inkling that you are in for a period of putting your body to bed for a rest. An infant can read this energy and will not go into the arms of a sick person — or may cry seemingly for no reason if they are in the presence of this person too long.

If an infant sees red, or black or deep purple, it may cry until you take it away from that energy. This is not much different from the way adults may be (albeit unknowingly) reacting to the same person. The adult would not cry because of the energy in that person's aura, but he may move away quickly and not return.

Experiencing your psychic ability implies being sensitive to energy: seeing auras, hearing energy no one else hears, or feeling energy others don't feel. Children, limited by their vocabularies, always cannot express what they are seeing, hearing or feeling.

So, we have to become astute observers. The "daydreamers" are some of the easiest psychic children to spot. They are literally in another world. They do their astral or out of body traveling by day, sometimes right in the middle of the math lesson at school. And you get called in to see the teacher or the principal because Johnny doesn't "pay attention". He is usually off on a space adventure on another planet in the 21st Century or fighting prehistoric monsters on Saturn 35,000 life times ago.

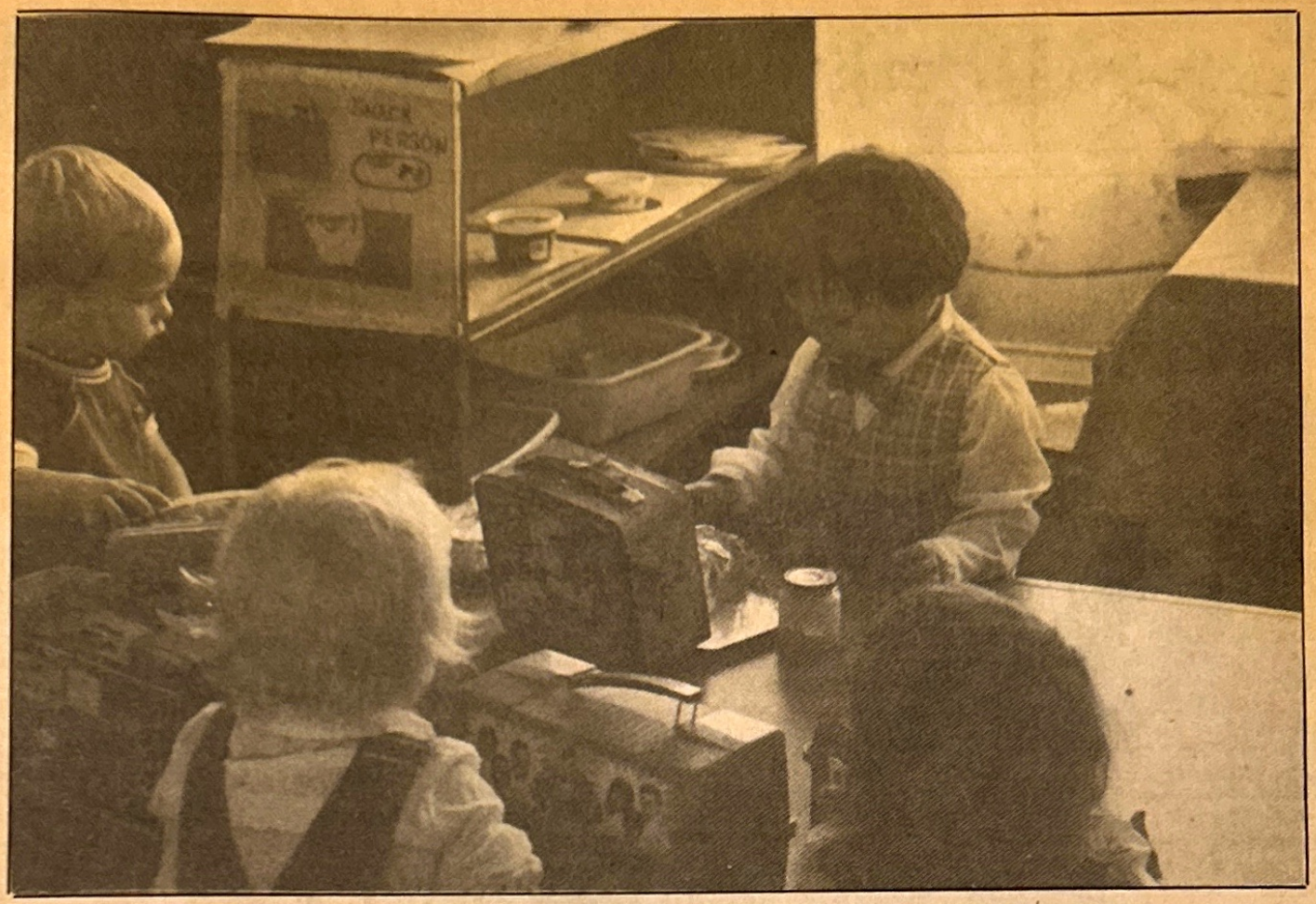
Some psychic children will talk out loud to their spirit friends who are talking to them. It is often impossible to interrupt this interaction and prohibitive to get an explanation in the common terms of acceptable language. It has been a private experience for the child and his spirit friend, and you are not included in the relationship. If you demand an account of what just happened, you may receive a lot of hostility in return.

There is a unique group of people at the Yin Yang Seminary for Psychic Children (see page 7 of this issue of Psychic Life for their ad), a school which is sponsored by the Berkeley Psychic Institute and the Church of Divine Man. These adults have been trained to attend to the needs of the psychic child. Meditation, self-healing and validation of the spirit exist in all aspects of the curriculum. You may ask what meditation has to do with math! How does spirit relate to reading? These teachers have discovered that when spirit is validated, and psychic ability is recognized and not hidden, the child progresses at a rapid rate.

These teachers are organizing a Conference on the Psychic Child, to open the doors to the public about their work with psychic children on July 28 and 29 at the Hyatt at Oakland Airport. Here is a place to ask questions, attend seminars, receive psychic readings (family readings are especially popular) and talk to parents of psychic children who attend the Yin Ying Seminary.

The next question may be: What do I do if I recognize psychic ability in the child? How do I respond appropriately? Am I alone in seeking answers about behavior I can not handle? Yes, there is help and counseling available from professionally trained psychic adults who work with psychic children. ☆

(Susan Hull Bostwick, editor of Psychic Life Magazine, is a founder of the Yin Yang Seminary and will be a featured speaker at the Conference on the Psychic Child. ...editor.)



Conference on the Psychic Child

Sat. & Sun. July 28 & 29 9 a.m.–6 p.m.

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* WHAT IS A PSYCHIC CHILD?
* SOLVING PROBLEMS WITH CHILDREN?
* EDUCATION FOR PSYCHIC CHILDREN
* DEALING WITH DEATH WITH CHILDREN
* IMAGINARY PLAYMATES
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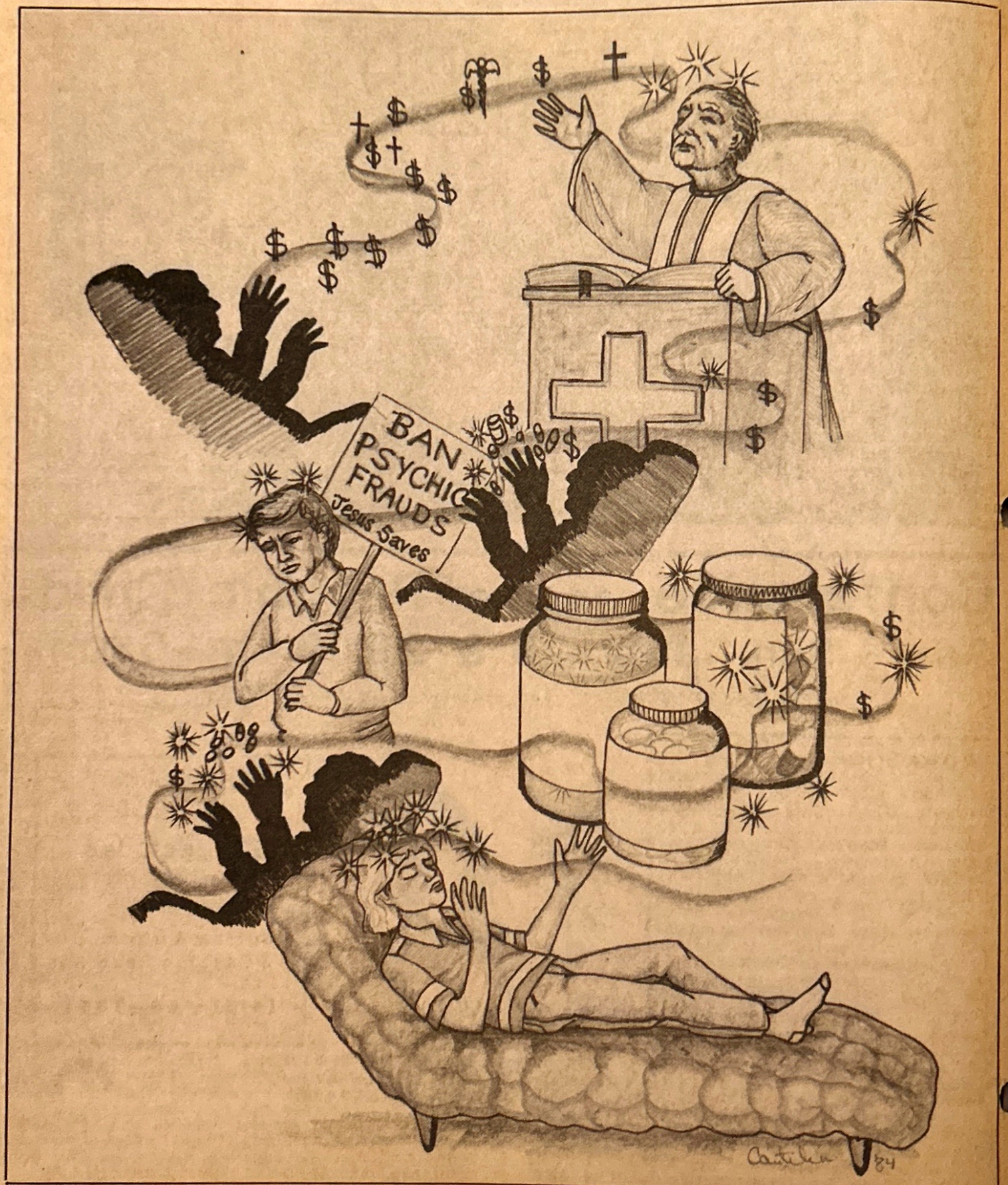


WHAT IF...

by Michael J Tamura

This is a "What If?" story written by a psychic for psychics. Any resemblance to actual fact is, of course, merely a coincidence.

What if there is a man by the name of Jonathan, short for Ivan? What if this man is a president of an interstate bank system? He is a very good Christian and father of all-American kids. He has lived in the same area for the past twenty years and has steadily climbed the ladder to his present position. What very few people know is that he is a high-ranking agent of VSIA (Very Secret Intelligence Agency), so secret that no one is quite sure whether it exists or not. Even fewer people know that his real name is Ivan. He is an agent-in-place for a communist intelligence network.

What if there is a man by the name of Christopher, short for Pieter? What if this man is a psychologist and an influential professor in a major university? Few people know that he is also a VSIA agent. His specialty is drug therapy and hypnosis. Fewer people know that he is really working for the same goal as Jonathan.

And what if there is a man by the name of Marcus, short for Alexi? What if this man is the owner of a pharmaceutical manufacturing company? His speciality, of course, is manufacturing pharmacueticals. What most people are not aware of is that he too works for the same group as Jonathan and Christopher.

What if there has been a very clever plan for a certain communist country to take over the United States? Well, everyone's been trying so what else is new? What if Jonathan, Christopher and Marcus are the closest to succeeding?

Marcus manufactures and sells drugs, legitimate drugs. He does not even come close to illegal drugs; they spoil his game. He has a lot of control over the health of our nation. He creates new drugs to help people survive, live longer. That doesn't sound like he's working to destroy us, or does it? There seems to be a slight tendency for Marcus' company to manufacture and sell drugs that affect people's outlook on things, depressants, mood elevators, sleeping pills and the like. These drugs seem to make people not care and also become susceptible to believing what others tell them. Marcus is well-respected.

Christopher is a prominent psychologist. He is very scientific and conservative. He has a very nice basement provided by the VSIA to conduct his "research". He is very good at giving drugs and psychological therapy. There is no reason to believe that he does chemical debriefing work or experiments with hypnotic mind control. Meanwhile the other country provides him with the nice basement. While he is working on his psychological therapy for VSIA, he is really programming the "subjects" to respond to certain commands as well as to have certain attitudes. It's not as if, when commands are given, the "subjects" become hypnotic robots. In fact, you really can't tell that they are any different; they just have slightly different viewpoints. What happens, for example, is that the more the person tries to do good for his own country, the more he seems to destroy it. Or, he forgets what he sees or hears about certain things. The "subjects" seem to be young people, children of important government and military personnel. These therapies seem to be conducted in school counselling offices and similar non-secretive places.

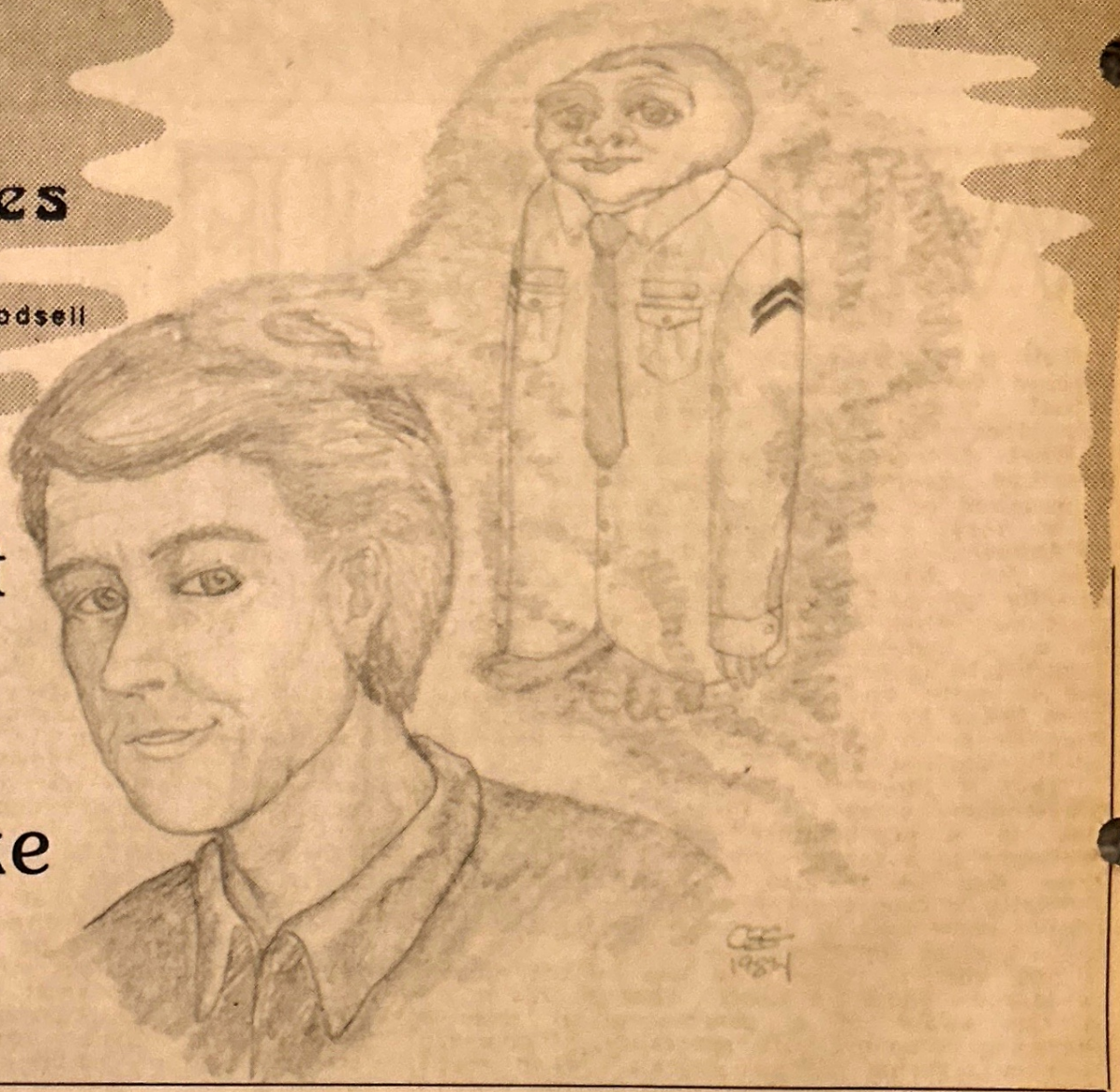
Jonathan doesn't do any of that. He is a banker. He has lots of friends. They are all rich. He isn't all that rich. He channels money in the desired direction. He does this for both countries. He is very successful because his suggestions seem only to help the U.S., until you look at the bigger picture. For example, he programs his subjects to believe that "cult groups" and anyone "strange" from within orthodox religions (which he and VSIA already control) should not be tolerated. They agree. He then gets his oil friends to drop some cash into the medical industry, good charity, tax deduction, and what not.

The medical groups are asked to look into unorthodox healing "claims" and "cult"-type groups. There is a doctor of every religious faith. These doctors go into their respective churches and temples and speak of the dangers of unorthodox religions and healers. The traditional religions get riled-up. The medical group offers donations for them to organize against "spiritual frauds." Others chip in. "Ethics committees" start popping up. They want to judge and license everyone for everything. Those who comprise these committees know nothing of Jonathan, Christopher, or Marcus. They merely are eager to get rid of anyone who doesn't agree with them. Divide and conquer. Those who are able to communicate on a spiritual level and see what is really happening become so busy competing against each other once atheists are able to invalidate and control them.

What if there is a Jonathan, a Christopher, and a Marcus working to invalidate you and your abilities to know, to see, to communicate, and to heal? Just, what if? ☆

Spirit Guides

by Caitlin Goodsell



Spirit of a Joke

CG: I've watched you tell great stories and jokes, and I've seen how you've developed the ability to channel an energy level rather than bring a being through your trance medium channels. This allows you to use the information to create different dialects without giving up your space to another spirit. There's one or two I'm suspicious of though; it looks like the beings are still coming in. I notice this especially when you use that "just-off-the-farm-boy" valence when you tell army stories. Go ahead and tell one. (He does so)....okay. I do see a being coming in, not all the way through your trance medium channels, but into your crown chakra, at those points where you control your over all valence.

Ken: That's pretty good. Which being is it?

CG: Well, it's a pretty amorphous-looking spirit, and doesn't look particularly capable. It's vibrating at a khaki color-exactly the color of an army uniform. When I say 'hello' to it and ask it to show me a valence, I see it looking in your space for a picture of what a being should look like, rather than drawing on its own information. It doesn't seem that it has ever had a body. The valence it presents, finally, looks like a poor imitation of 'E.T.' wearing an over-sized army shirt.

Ken: When did it come in?

CG: When you were in the army; when you used to go out drinking with your buddies. It was originally hanging around one of the fellows you went drinking with, but it liked your energy better. It was able to make the switch over when you would imitate that man's speaking style-his energy was very similar to this spirit's.

Ken: That must have been old (the farm boy). He wasn't too bright either.

CG: That's the one. Now, as I'm watching, you are starting to separate the being from that piece of khaki-colored energy in your crown which is your own information about that particular valence and style of speaking. I see you saying 'hello' to him out of your aura, to a place where he can watch and listen but not interfere.

Ken: That's right. I don't mind if they're around me as long as they don't get in my space. Then they'd better watch out!

CG: That's for sure. They can see that you really own the concept of no responsibility on a spirit level! ☆

Psychic Questions & Answers

by Carol McCarthy

Q. Is there a correlation between the life of a soul and the complexity or difficulty of a lifetime? Is there a correlation between psychic ability and the age of a soul?

A. As a spirit you can have been around for a very long time, yet not have had much experience in bodies. For example, you can be an old and wise soul, but this may be only one of a very few bodies you've had. The more experience in a body you have, the more information about bodies you have. You are a spirit learning how to operate a body. It's like being in the driver's seat or at the control panel. It's great fun to be in charge and to enjoy this information.

The age of a soul doesn't determine whether or not you are psychic. You just are. You may only need a little permission and validation to turn on what is already there. You may want to protect yourself to make it safe to open yourself up to these abilities.

Q. What are the hazards of psychically reading a close friend?

A. I wouldn't call these hazards, but how I look at the question is that sometimes it's difficult to be neutral with someone you have emotional ties with. When you read someone on a psychic level, you read from the 6th chakra, your clairvoyant center. This is the best place to be in neutral Friends can tend to be out of neutral with each other. Have you ever noticed this?!

One other level to this question reminds me of something Jesus said; it's not easy to be a prophet in your own land. Sometimes this can translate into invalidation of a sensitive hea r.

Q. What changes during a psychic healing?

A. A psychic healer channels energy. When the energy is not yours, we call it negative energy. The healer moves out this negative energy vibration (sometimes felt by you as anxiety, etc.) so that you as spirit, can heal yourself. The negative energy (not yours) is replaced by the positive energy (yours!). This is the energy that changes. When you heal the spirit, the spirit heals the body.

Q. Why is it worse to take drugs than to take either alcohol or caffeine?

A. Drugs create a stronger separation between body-being communication than either alcohol or caffeine. Drugs take you as spirit out of your body and the problem is getting your information as well as your spirit back into your body. You have to process this information and this puts you way behind schedule! It's like making the body work 2-weeks overtime and only giving it 1 day off. This weakens body-being communication. As psychics, this communication is the very thing we are working toward strengthening. Alcohol and caffeine have their side effects, too. See Food for Psychics on page 49 of this issue for more information about caffeine.

(Carol McCarthy is the Director of the Berkeley Psychic Institute of Marin.

Do you have a question about your psychic abilities? Have you had a psychic experience you cannot explain? Your questions can be answered here. Write to Psychic Questions and Answers, Deja Vu Publishing Co., 1339 Lincoln Ave., San Rafael, CA 94901. ...editor)

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Cosmic Questions and Celestial Answers

by Robert Cole

QUESTION: Based on their astrological charts, does Reagan or Mondale have the best chance of winning the election?

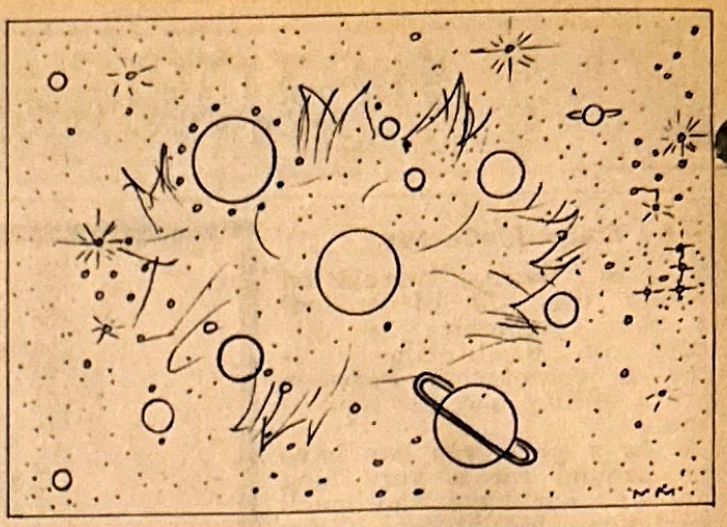
D. L., Washington, D.C.

ANSWER: In the last issue of Psychic Life, I predicted that Ronald Reagan would win the election in a "carbon copy" replay of the Nixon '72 landslide; I would like to rephrase that to read that the Republican Party will probably win the 1984 presidential election. Looking specifically at the chart of Ronald Reagan (Feb. 6, 1911; 2:08 am; Tampico, IL, cf. Bowser), the man himself has several serious aspects which he must take into consideration, vz., Saturn transitting over natal Jupiter and in opposition to natal Moon. I believe that Mr. Reagan's personal policy wll be torn to shreds by a series of poorly managed international crises; but his domestic policy will carry the vote. If Ronald Reagan is selected to a second term, he will become embroiled in a Nixon-type scandal that will result in severe repercussions and another constitutional crisis. On the other hand, Walter Mondale's natal horoscope (Jan. 5, 1928; 10:30 am; Ceylon, MN, cf. Williams) indicates that Mr. Mondale will have a much more enjoyable time running his campaign even though the Democratic Party won't be able to do what it's promised for him. Jupiter will transit over Mondale's Sun and Uranus will transit over his Saturn and Mars (natal references); Mondale as an individual is likely to become one of the most popular figures of 1984 and even 1985. Honestly there are many more astrological signs in Mondale's favor. But the Democratic Party appears "stoned" next to the straight Republican machinery; and Mondale may suffer because the Democrats can't get it together. If Mr. Mondale were elected to the Presidency, the chart of the U.S.A. could be interpreted to read: rather than constitutional crisis our nation would experience a constitutional renaissance.

QUESTION: Can I use my astrological chart to figure out times when I'm likely to be more psychic?

S.McS., Soquel, CA

ANSWER: Yes, you can. There are three houses in your astrological chart which are traditionally related to psychic receptivity and psychic projection. They are the 3rd House, the 8th House, and the 12th House. Consult with your astrologer to find out when the Moon, Sun, Jupiter, or Saturn is transitting through these houses in your chart. Then check to see if this cycle is verified in your life. (Note: The astrologers in Santa Cruz, CA, have organized an Astrology Hotline; you can call (408) 425-1188 any day of the week between 10am and 10pm and speak with a professional astrologer).



QUESTION: Sometimes when I ask a person their sign, they respond by giving three signs. What are they and what do they mean?

P.J., Las Vegas, NV

ANSWER: It is common to give your Sun, Moon, and Rising Signs if you know for sure what they are. The Sun Sign, which is the most popular bit of information shared in astrological conversations, describes what kind of lifestyle the person leads. The Moon Sign describes the emotional temperament of the personality. And the rising sign describes the "mask" which the personality projects; also, by knowing the person's rising sign, you become automatically aware of the person's descending sign, which is always exactly opposite to the rising sign. The descending sign indicates the "shadow" of the personality which is only exposed in the privacy of intimate relationships.

QUESTION: Why are all of the major planets going retrograde during this time of the year?

B.G., Santa Cruz, CA

ANSWER: Our solar system is just finishing up one of it's Grand Alignments; this spectacular alignment of the planets peaked in November, 1982, yet still the planets are just moving out of the alignment, so the effects are still quite obvious. Because the Earth's orbit is closer to the Sun, she moves around the Sun much faster that the other outer planets; when the Earth goes speeding by the line-up of the other planets, they all appear to go backwards in our sky. That's called retrograde. The effects of the line-up are still mostly notable in the Spring and in the Autumn. This Grand Alignment which started to come into focus in 1979 will not be all over until the end of 1985.☆

(Robert Cole is the author of the Book of Houses, An Astrological Guide to the Harvest Cycle in Human Life and co-author with Steve Blake of The AGS Astro Scope. He teaches classes the Bay Area. ...editor.)

HISTORICAL PSYCHICS

Psychic Creates Cars

Henry Ford was born July 30, 1863. The United States was still an agrarian society: one out of three people lived in the city. In a very short time that number was reversed, largely due to Henry Ford's mass production of the automobile. He made history and became one the most powerful men in the world in a matter of years. He also pioneered profit sharing for his employees, five day work weeks, and using minorities in skilled labor positions. Pretty incredible for a farm boy with little education (8 years) and even less desire for hard work.

As I look at Henry Ford on a psychic level, what I see is a very capable psychic who used his psychic abilities on a day to day basis, totally from amusement and a no effort space. In fact, when Ford was building his first cars, he always had backers because he had so much enthusiasm. Henry Ford never used any of his own money in any of his four attempts to set up an auto manufacturing company!

Ford was considered unpredictable and eccentric by many of his employees. He would sometimes disappear for hours because he'd get on the track of something that he couldn't prove but knew was right. He'd turn up hours later with a new idea and a new way of doing things.

When his engineers were testing parts manufactured by other companies, Ford would wander into the lab, look at all the parts scattered on the tables, pick out a couple of parts as the "right ones" and leave. Invariably the parts he picked would be the ones that tested out the best, much to the chagrin of his engineers. He was able to do in minutes what it took them months to do. (Ford was never able to read a blueprint or design a car. He had to have someone else do it for him.) Ford picked people for jobs in much the same way. Once, he saw a janitor who he thought would make a good metallurgist. Although Ford's management team complained, the janitor was trained by the company and became one of the top metallurgist's for Ford Motor Co.

Ford drew a tremendous amount of information from his past lives and was very aware of doing it. During World War I a reporter asked Ford why he was a pacifist and Ford's answer was that he'd died as a warrior in a past life. He also believed that the essence of knowledge passed on with the soul.

Ford was a tremendously capable psychic on many, many levels. If you're a budding entrepreneur who's a little on the lazy side, it might be fun to take a look at Henry Ford on your own. He's a great book on how to create.

By: Michelle Gaveety

References: Henry Ford by Carol Gelderman
The Ford Dynasty by James Brough
Secret Life of Henry Ford by John Cote Dahlinger
Never Complain, Never explain by Victor Lansky
My Life and Work by Henry Ford
Birth of a Giant by Richard Crabb

(Michelle chose Henry Ford to write about "because I sell cars (Toyotas not Fords)". Perhaps another reason is that she uses her psychic abilities just like Ford did. ...editor)

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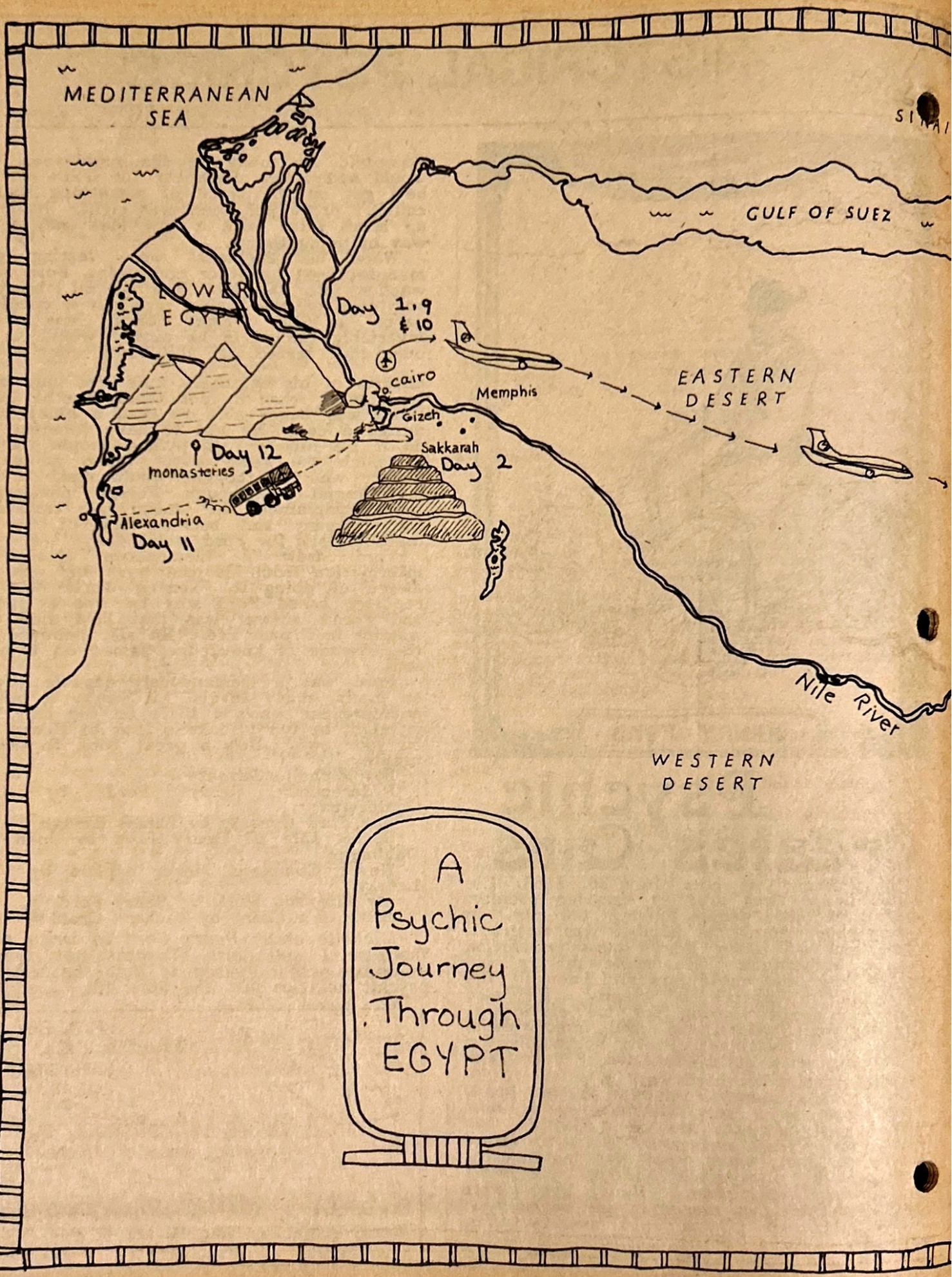
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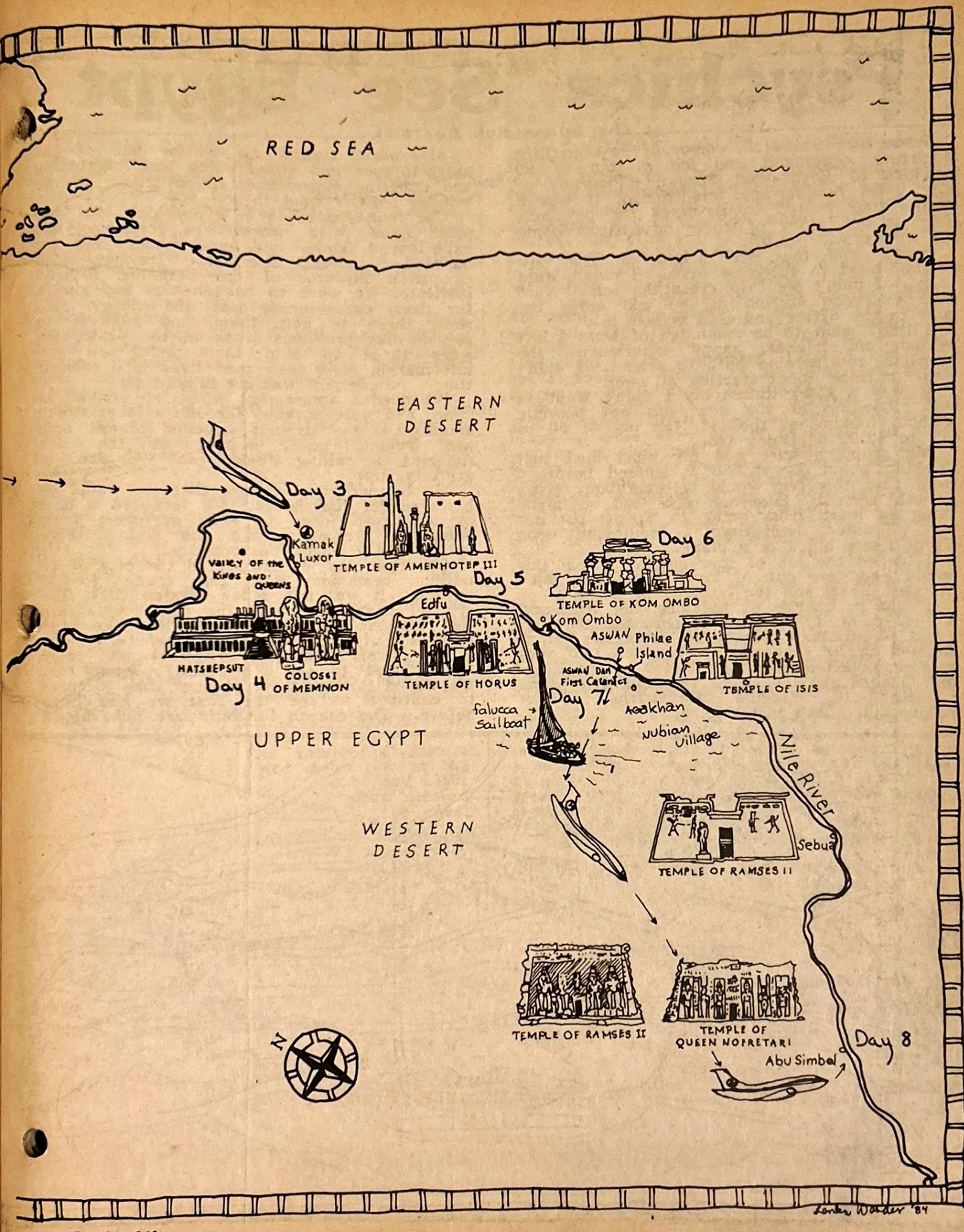
A Psychic Journey Through EGYPT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VALLEY OF the KINGS AND QUEENS
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Psychics "See" Egypt

by Susan Hull Bostwick

Susan Hull Bostwick, editor of Psychic Life Magazine, organized and led a tour of 60 psychics to Egypt last Spring; a journey of past lives, healing and meditation, it was a unique tour hosted by psychics for psychics. Here is her story of their adventures along the itinerary... editor.

Egypt was the new school in the new neighborhood in the new town. I didn't want to go. I didn't want to cross the school yard with everyone staring at me and enter the door to the office and sign myself in.

I didn't want to be reminded of what I left behind; old friends, happy experiences, the familiar, comfortable path to school. I didn't want to think about starting all over.

It was a stark dichotomy I didn't want to see. Looking at the new was not possible without looking at the old, the old of 50 or 500 or 5,000 lifetimes ago.

My stomach hurt and my head hurt just thinking about Egypt. So I decided before I went that this trip would be everybody else's growth period. Everyone else had so many thing to learn from going to Egypt: but not me. Besides, everytime I meditated upon Egypt I saw black or a blank.

I landed the job of tour guide. Surely this would keep me out of trouble and my mind off past lives, and the comfort of home.

I was in charge of planning the itinerary. At one point, I had tried to persuade the tour agent to eliminate Alexandria from the list; it seemed to be crammed in between two very intense experiences — the Valley of the Kings and Queens and the Great Pyramid. Everytime I tried to imagine Alexandria, I got frightened. Let's just skip it.

Alexandria turned out to be one of the most intense and enlightening and frightening and uplifting experiences of my life. It's no wonder I didn't want to go.

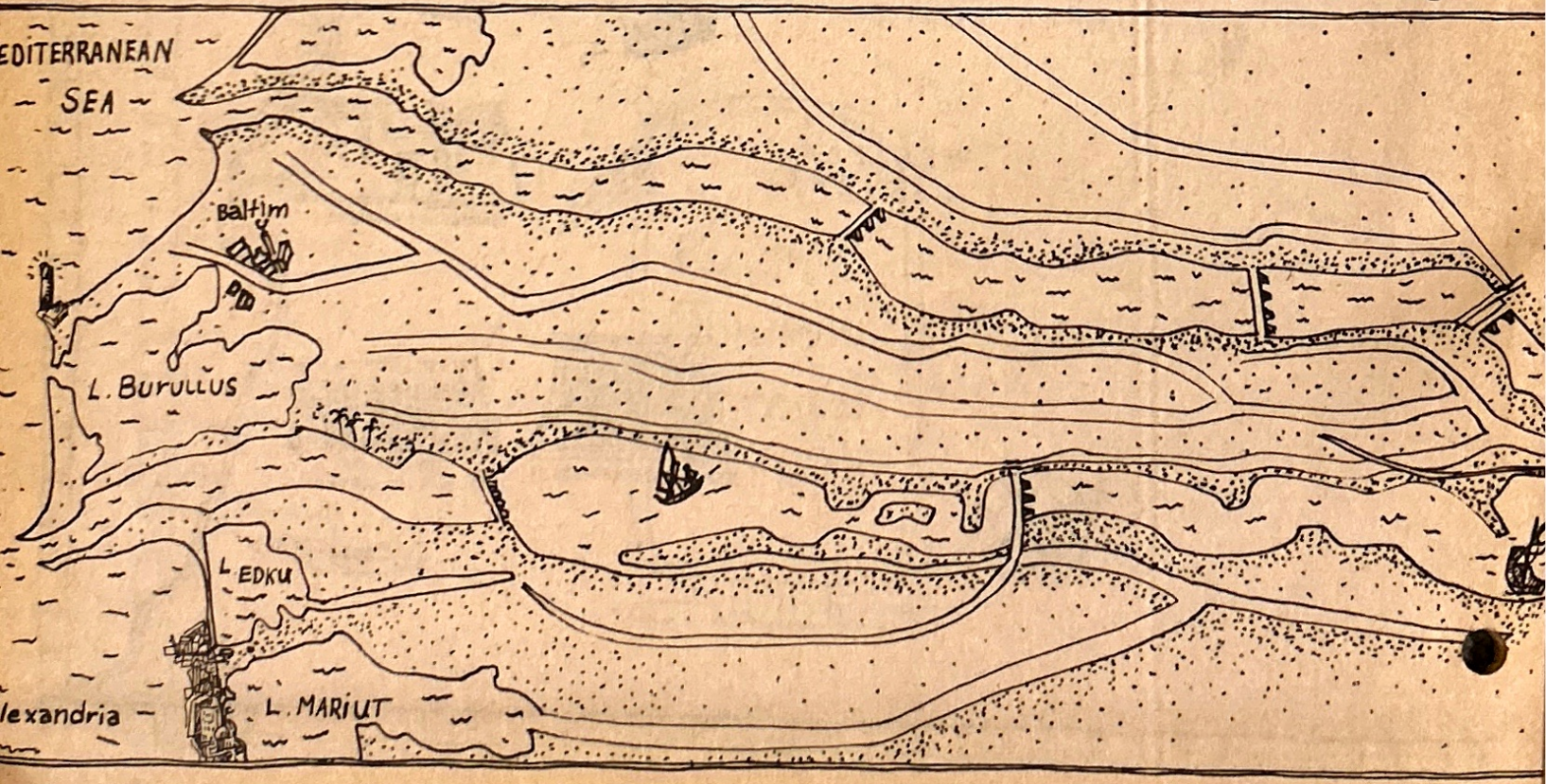
Our tour was billed as a psychic's tour into past lives with myself, a capable and experienced healer and aura reader, and my husband, Lewis Bostwick, founder and executive director of the Berkeley Psychic Institute. We were to be teachers and guides for those experiencing past life energy. We were there to help them find answers to present day problems stuck in the past. We were there to help them bring all the information from their past lives into present time. Amusement was our main tool.

We needed amusement when we arrived in Cairo and were paraded through a labyrinthian gauntlet at the airport; shrouded Islamic men and women, poor, staring at the rich Americans, calling "baksheesh" - give us gratuity, tip.

We learned soon enough that we would be besieged for "baksheesh." We invented a host of baksheesh jokes to keep ourselves from being in sympathy with the poor. (Five dollars a day wages was common.)

Our first day we discovered the city of 12 million crammed into the space for 5 million. It was not unlike Mexico City. The city of contrasts where the past looms into the present and draws tourist like the thousands of flies that are everywhere.

The locals wondered: Why did you come here? Just to see a pyramid? What for? We waded through these present time pictures to continue to see the past we had lived before. The search for our past lives began



with Cairo's Egyptian Museum, a unique place where you can actually touch 3,500 year old carvings. The 5,000 pieces of the King Tut exhibit put us right back where we were supposed to be: Pharonic Egypt.

The rest of the past life intinerary went like this:

DAY ONE: CAIRO

We looked at recent past Islamic lives at the 12th Century Citadel, and the 19th century home and fortress of sultans, slaves, concubines in the harems, architects, soldiers, guards, priests, merchants. The Mohammad Ali Mosque, and 18th century structure brought back past lives of warring and killing infidels and the call to continue the fight to bring all peoples to the one true faith - Islam - no matter what the cost.

The evening was spent in a frantic race through the dark Kahn Kahlili bazaar, small aisles jammed with copperware, spices, cotton, fragrant oils, kids, ruts, damp and offal amidst smiling, open, warm faces.

DAY TWO: GIZA

Outside of Cairo lies the pyramids, a sight that can be seen from nearly anywhere in Cairo. We spent 20 minutes meditating and chanting inside the tomb, looking at the lifetimes spent building this amazing, awe inspiring structure. (See Sabina Krumpe's story in the next issue of Psychic Life.)

The colossal statue of Ramses II, one of the most famous Pharohs was on our list this day. We were to continue to be reminded of Ramsese II as we saw his cartouche - signature - inscribed like graffiti, on walls and statues up and down the Nile.

We also saw the Egyptian Book of the Dead, the actual writings inscribed on the walls of the Funerary Temple at Necropolis of Sakkara. Here we also communicated with the spirits of the Temple through chanting and meditation. We found the spirits of protections in the Temple, keeping the writings safe from harm.

DAY THREE: NILE CRUISE, LUXOR AND KARNAK

The Temple of Karnak and meditation at the Sound and Light show cleared the past time energy away and prepared the group for a sun-filled, luxury Nile cruise aboard the Sheraton's Aton. As our group sat on the side of the temple walls with a thousand or more tourists, the grounds became alive in a past life crowd scene. (See Barbara Niepelt's story on page 24.)

DAY FOUR: VALLEY OF KINGS AND QUEENS

The tombs of King Tut, and Ramses' son recalled familiar old symbols of the past lives for everyone. Here was the information the members of our group were looking for: scenes depicting the funerary rites and procedures and the daily life activities of praying, drawing water, making meals, sowing, harvesting, sacrificing, scribing.

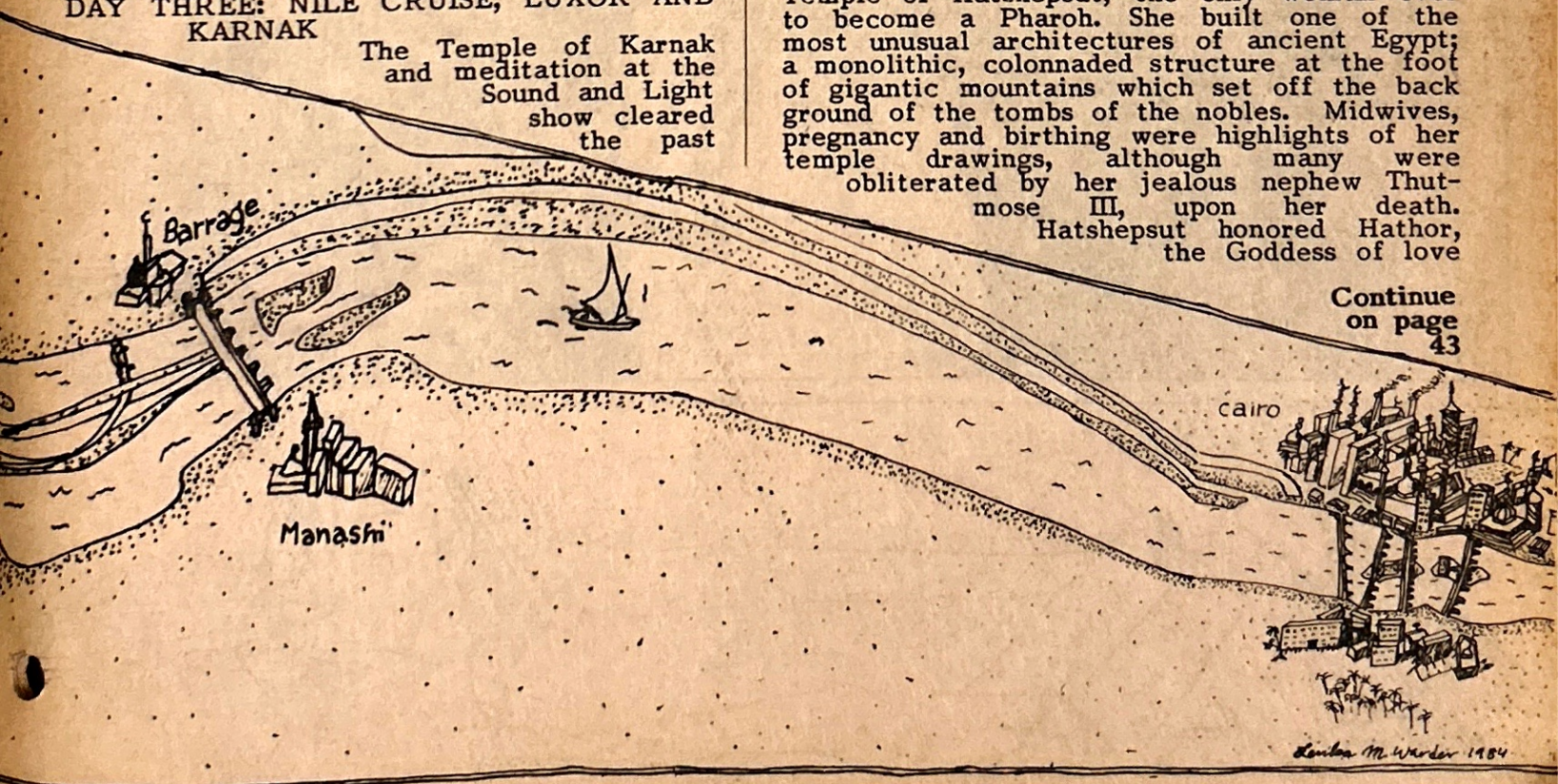
In one tomb we were asked by our guide, Abdullah, to clairvoyantly look on the other side of the tomb wall to see what, if anything, was there. I saw four to six new sarcophagi with mummies intact, but the graves robbed. Others of our group saw more mummies and some of the spoils still safe.

In the tomb of King Tut, with its amazing gold mummy still in place on the sacophagus, I saw a male baby spirit, in grief and still waiting at the foot of the coffin. I asked our guide if there was ever a story about an unborn infant of King Tut's. He said, "Yes," there was supposed to be a dead infant son found in the womb of Tut's wife when she died. This baby being was waiting for the body of a king it was promised. I released the earth-bound spirit and allowed it to go on to evolve in another form.

The main problem here in the Valley of the Kings was a Moslem guide's dislike of American tourists and his push to "get us through" the tombs as quickly as possible. The whirl-wind tour left us all, blurry-eyed and heady with unfinished business. Our meditation that night was to clear these past life images and present time Moslem ideas.

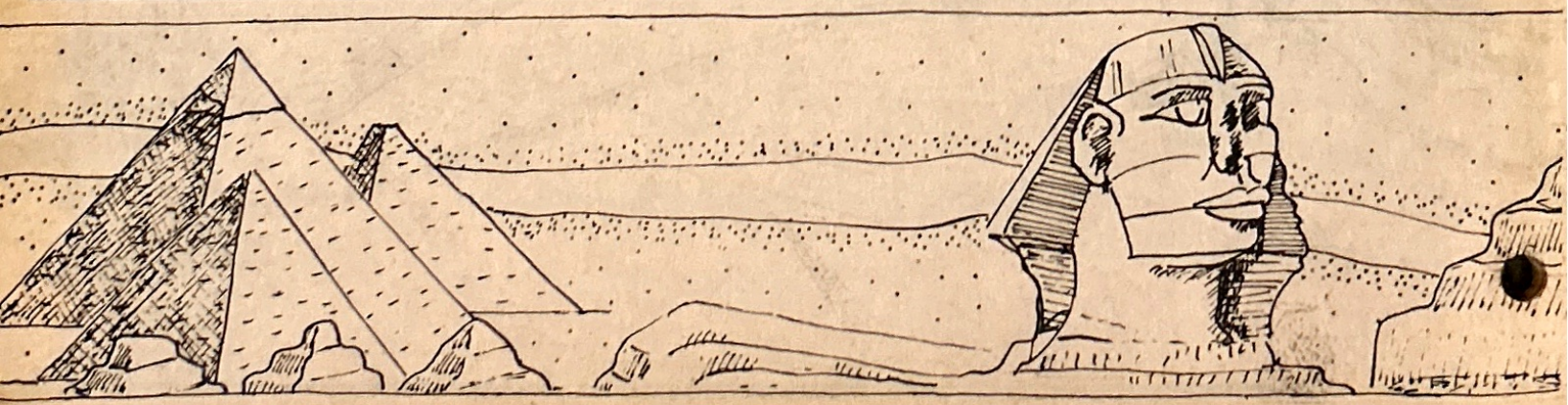
In the Valley of the Queens we visited the Temple of Hatshepsut, the only woman ever to become a Pharoh. She built one of the most unusual architectures of ancient Egypt; a monolithic, colonnaded structure at the foot of gigantic mountains which set off the back ground of the tombs of the nobles. Midwives, pregnancy and birthing were highlights of her temple drawings, although many were obliterated by her jealous nephew Thutmose III, upon her death. Hatshepsut honored Hathor, the Goddess of love

Continue on page 43



The Power of a Pyramid

by David Russell



Any self-respecting tourist can tell you that while Cairo's not the most impressive place in the world, one's first glimpse of the pyramids of Gizah at the edge of town, just may be. These tombs, conceived by the mathematicians and priests of ancient Egypt rise majestically out of the barren desert. To a certain group of mobile psychics, the view from the desert floor could only be balanced by an aerial view from the top. Several of us found some time to hike over to the smallest of the three Gizah pyramids, Menkaru, erected nearly 4600 years ago, to try an ascent of the back side. Climbing the large pyramid of Cheops is forbidden so we decided to take a low profile on our first trip.

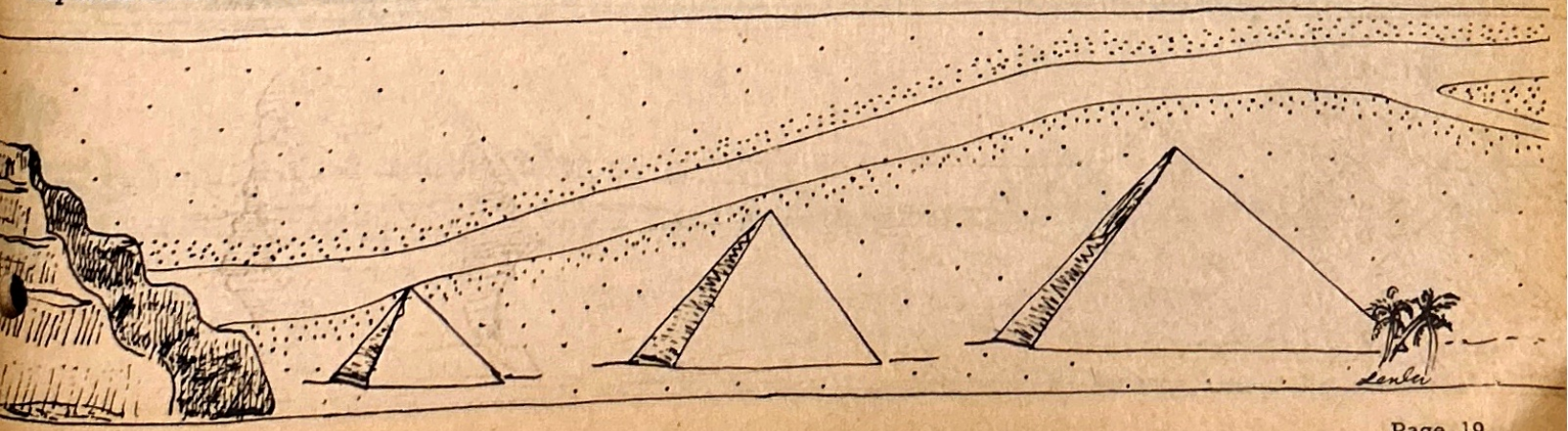
Our climb began easily, the large limestone blocks seemed like an oversized staircase. We found that the corner had been cleared of grit and pebbles by the desert wind and we progressed rapidly. About halfway up I noticed some fear pictures lighting up in my body as I became aware of how high up I was. Having some previous mountaineering experience, I was able to reassure my body and find a bit of amusement as I looked at these pictures. I think my grandmother first stuck me on this level, "Watch out, you'll hurt yourself up there." I love how putting myself in a somewhat frightening experience helps to clear out my head. No space invaders want to stay around fear, therefore things get really clear.

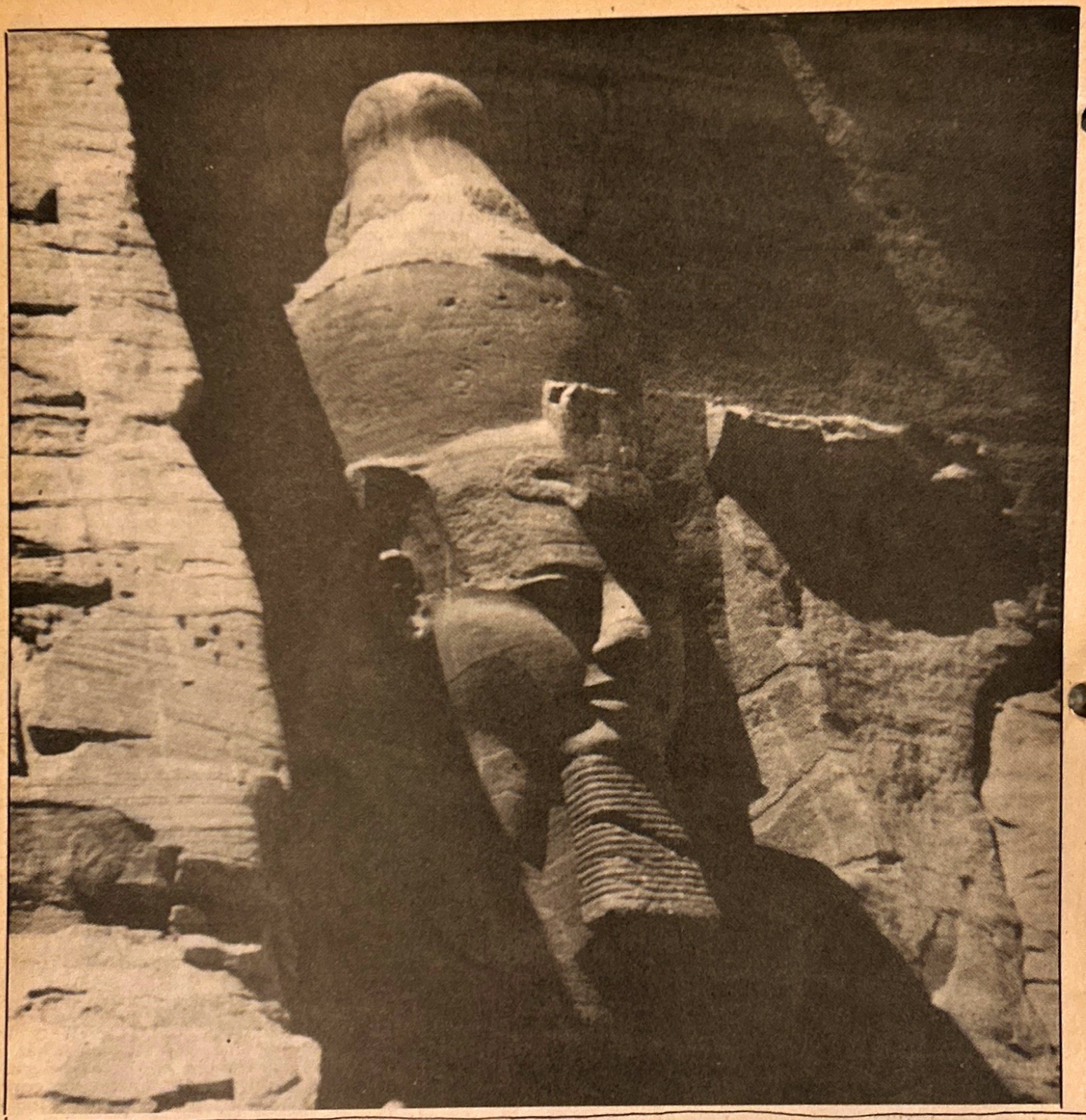
We soon reached the top of our pyramid and could take a moment to really enjoy the breathtaking view. Gizah is a whole network of tombs and from the top, one gets a better sense of the overall design.

As a group, we soon started running our energy (meditating) and saying hello spiritually to the pyramid. We all matched our crown chakras (energy center at the top of our heads) at a gold color. At this point, a troublesome wind abated allowing us to continue our individual clairvoyant explorations in comfort. (Psychic weather control is really fun to play with!) As I looked clairvoyantly at the pyramid energy, I experienced it as colors and shapes. The core was an orange sphere where the Pharaoh had been entombed. Surrounding this sphere was a black cubic energy device which was the curse protecting the Pharaoh's resting place. Then came the pyramid shape itself. Energy from the earth was being channeled up the four corners. It culminated in a ball of energy at the apex of the pyramid where we sat. My body really liked this energy and felt comfortable there. As a group, we also experimented with finding the musical tone at which the pyramid vibrates. Each of us got the tone in our head and Sabina Krumpe, a talented musical artist, listened to each of us hum the tones. They were virtually identical. Next, I suggested we check the grounding of the pyramid. The consensus was a lower tone, about a musical fifth below the original.

Well, as happens on all tours, it was soon time to descend to catch a bus. Before departing we took some great group photos. So, having proved photographically that we had made it to the top, we had an uneventful descent to the pyramid base. I guess we all got hooked on pyramid energy because we returned a few days later to make the forbidden climb up Cheops, built 90 years before Menkaru. I guess you just can't keep a good psychic down.

(The challenge of climbing a pyramid and experiencing the energy and force of one of the 7 ancient wonders of the world consumed seven of our group. Paula Camacho, David Doyle, Tom Eagleton, Greg Hudson, Sabina Krumpe, William Prince and David Russell accepted the challenge. Read about Sabina's experiences with the sounds, healing of the pyramids and her exciting discoveries since her return from Egypt in The Power of a Pyramid part 2 in the next issue of Psychic Life Magazine. ...editor)





Giza

LEWIS SPEAKS

by
Rev.
Lewis S.
Bostwick

The Second Coming

In this election year, the politicians of the world have a new force to contend with — female self-validation. Woman has suddenly validated herself and communicated with herself saying, "I am a creative, intelligent and free spirit."

One of the most amusing invalidations of the female becoming free was our Moslem guides in Egypt who looked upon women in our group with envy and tried every which way to invalidate their knowingness. What green-eyed monsters. But when we visited the Coptic (Christian) Churches there was an agreed upon space in the Church where all the ladies could find their own space and where the men could find theirs.

Even though politics over the past 2000 years has played a tremendous part in the history of the Coptic religion, they do not have the Karma of the churches of Europe. They have no Inquisition Karma, no petty King's Controlling Karma. One of the Coptic historians said: I'm going to give you 2000 years of history in a short sentence — "We were the first Church."

I was very aware that in that space - the Cathedral in Alexandria - the next portion of the miracle which is needed to bring about the second coming from the Master, will be manifested.

Our group of 60 who traveled to Egypt and visited the Coptic Cathedral of St. Mark in Alexandria had a small part in and observed a miracle in this new and exciting age; for the prophecy is about to be fulfilled.

As I look back at our tour through the Cathedral, I had the feeling that God had moved in a very mysterious way. The Coptic Cathedral of St. Mark was totally encircled with Alien philosophy and the non-havingness of the modern material Islamic world. As we stood in the center of the church surrounded by this outside energy force (one that is totally dedicated to the destruction of Christianity) we felt calm. There was an electrified creative energy inside the Cathedral. It was as if the outside forces of Islam prevented a corruption of the Coptic through expansion into the modern offspring of Roman and Greek churches - namely Protestantism.

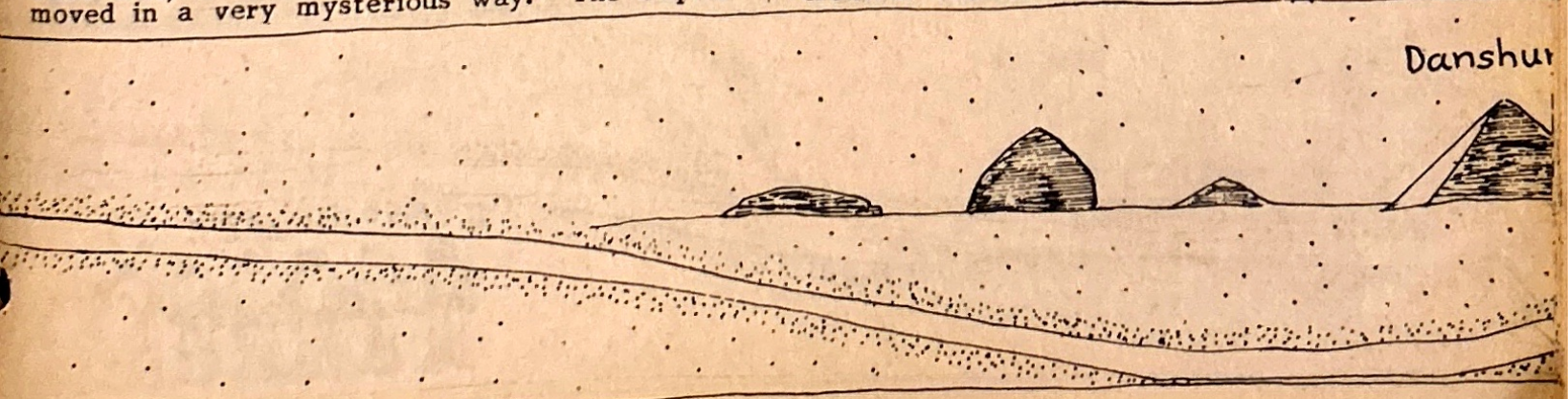
I am talking about the positive and negative forces in Egypt, and how they effect Christianity. As the energy changes more Egyptians will flock to the Coptic Church again and disrupt the Islamic control.

For even Rome has returned to the Coptic Church in Cairo the body of St. Mark. All the forces of creativity for the fulfillment of the prophecies - uplifting the energy for the second coming of Christ - are set on the stage for this new miracle. There will be two more minor miracles - energy-shifts within the next three years. There are two more spiritual persons who will make their pilgrimage to the Alexandria Cathedral to set and raise the energy levels of creation.

What a wonderful time and place to be! How wonderful it is to know and use God's spiritual gift of clairvoyance, to be able to communicate spirit to spirit and know the truth from the lie. This is what being in Kindergarten has allowed me to see, hear and feel. It has allowed me to see the will of God, as Islam says.

To all of you who are of psychic nature and ability, I hail you because in the beginning of this new era the communication will be a new concept for spirit to come totally within its own creative power and to know that there is something better than the rules and regulations set down by the bureaucrat and those who worship material things. Spirit will know it can admire and feel the pleasure of experiencing and being on this planet.

What a great place it is for a spirit to be a female, to conceive and create; and what a great place it is for a male to have, be part of and explore, not only the creative universe of the female, but the creative space God created: The Heavens and Earth. ☆



NEAR DEATH EXPERIENCE

by Shelley Hodgen

You can heal yourself by becoming aware of your past lives and integrating that past information into your present life experience. How does this work? Often things that have happened to a person in a past life affect that person in this life. Life force scattered through the past keeps you from creating in present time. Sometimes the karma created in a past life keeps people from the path they have chosen in present time. When I read someone who has known their friends and family in past lives, I see problems they were having then affecting them now. Or I see how a pain or illness in their body is related to something that happened in another body. I had my own first hand experience of this problem when I went on the trip to Egypt, where I was headed to gather up some of my life force energy. I was especially excited about going with other clairvoyants because I knew we could help each other through our healing processes.

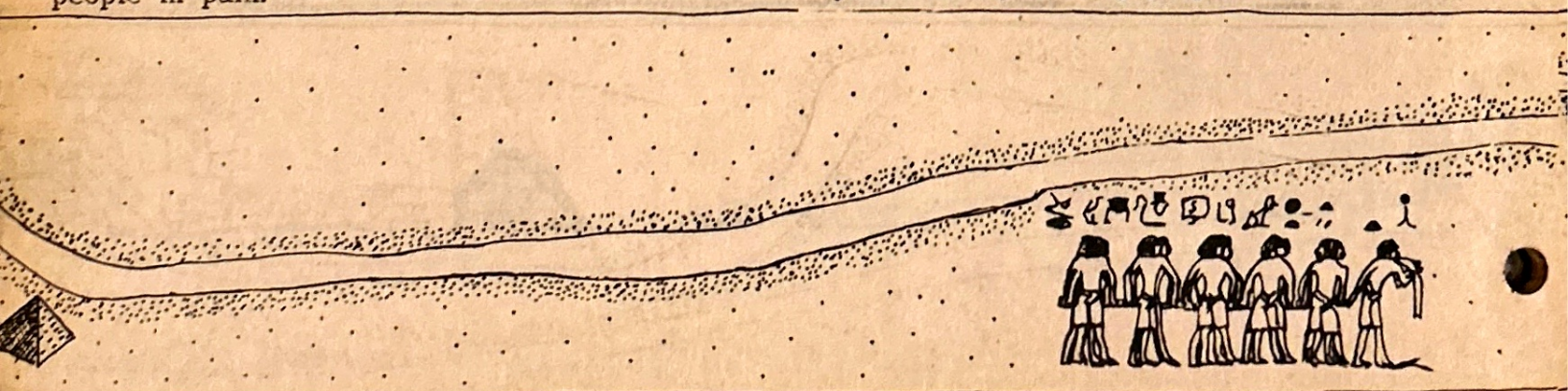
My problem began one morning as we were to leave for Luxor. I woke up with a very sore throat. When I boarded the airplane, I found myself fortunate to be sitting between Lewis Bostwick, founder of the Berkeley Psychic Institute and Executive Director of Psychic Life Magazine, and Carol Tracy, a teacher in the Women's Healing Program. As we were waiting for the plane to take off, Lewis asked if I would like a healing. He started cleaning foreign energy out of my body, and the first sensation I experienced was tremendous fear and pain in the pit of my stomach, followed by breaking out in a sweat and feeling nauseous. I then passed out. The next thing I remember was Lewis saying hello to me and asking me how far out of my body I had gone. Later I learned that Carol brought me back into my body by touching me on the neck, a technique she often uses as a healer and nurse midwife with people in pain.

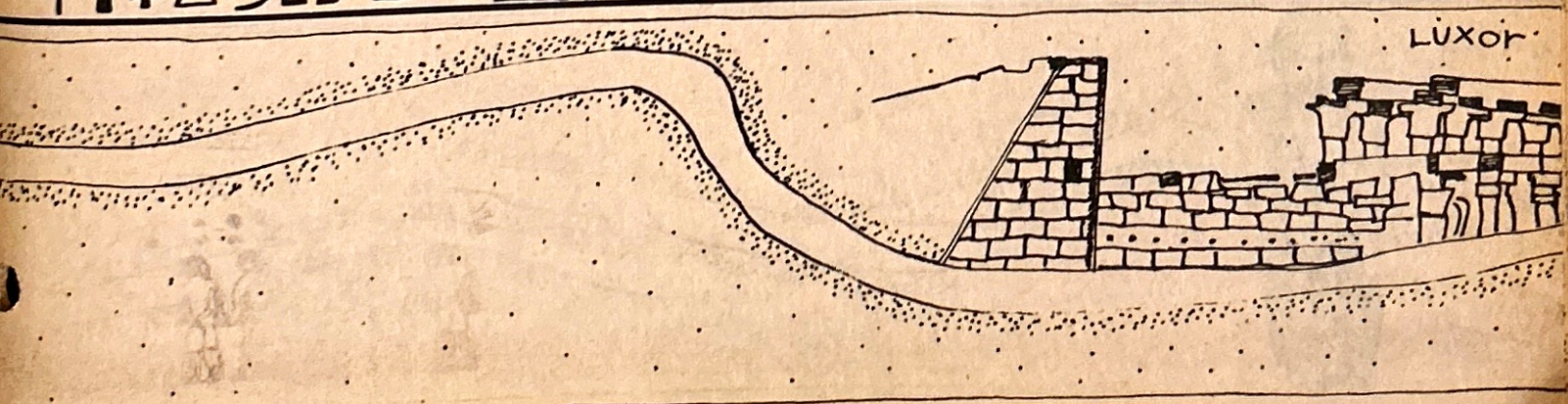
This physical experience was new to me as I've never fainted before. Being a healer myself, I was aware that it was my body's reaction to letting go of foreign energy, part of my healing process. Next, I became aware of a searing pain in my lower abdomen. As I was doubled over in agony trying to find something amusing about this, Lewis asked his wife, Susan Hull Bostwick, editor of Psychic Life, who was sitting across the aisle to give me a healing. Susan was sitting next to Darla Christiansen, manager of Psychic Life, and they both began working on me. I certainly did a good job of surrounding myself with capable psychics and healers.

At that point, the pain in my abdomen was very intense and I was beginning to wonder if they allowed funerals on an airplane. The pain lessened more and more as Susan and Darla worked; it came and went in cycles. Ten minutes later it was entirely gone. This whole process lasted about 30 minutes. Darla later told me about a past life she worked on involving a time when I had been betrayed by my jealous brothers, sold into slavery in Egypt and had encountered many trials. As I was flying towards the place where this happened, it began to light up for me again and I experienced all the pain that I hadn't let go of so long ago. As I released this pain, I found I had a lot more of my life force energy and could use it to create in present time. What a tremendous healing.

To heal yourself create a space to work by grounding yourself or connecting yourself to the planet with a cord of energy from the base of your spine to the center of the earth. Say hello to yourself and give yourself the permission to start to forgive everyone involved in the games you played. That is how you end karma. Call your energy into present time and begin to enjoy a new surge of information and creative energy. This is what the healers helped me to do on that airplane in Egypt. They did not judge what I had done or how I chose to heal myself. I was up and about the next day going through the tombs of Pharaohs and on to my next growth period. ☆

Shelley Hodgen is director of the Berkeley Psychic Institute of Sacramento, and teaches techniques for self-healing as well as clairvoyance in a year long program.




LUXOR

by Barbara Niepelt

Coming Home to KARNAK

Egypt. Land of contrasts. Lush vegetation in the middle of a desert. Rich dwellings amidst poor, thin-walled homes. Age-old tombs next to modern hotels. A horse pulling a heavily laden cart in front of a honking taxi. And always, throngs of people. Ancient times very much present today.

The Nile, the lifeblood of Egypt, has been flowing steadily through eons of time. What it must know. What it has seen. The many rises and falls of towns and pharaohs. The joys. The sadness.

Luxor, located 400 miles south along the Nile is now considered Egypt's most beautiful winter resort. Dry air. Clear skies. Brilliant sunshine. A perfect location for the temples of the gods and the tombs of the pharaohs.

Here, in Luxor, on the east side of the Nile was built one of the greatest places of worship of all times—the Temple of Karnak, dedicated to the God, Amon-Ra. After spending three days in Cairo our group flew to Luxor only to climb onto a bus and visit this temple.

As we stood near the entrance at the Avenue of the Sphinxes waiting for the guide, I felt myself go back 4000 years when Thebes was established as the capital of Egypt and the Reunification of Upper and Lower Egypt began. Amon was the patron god of Luxor, or Thebes (Greek word for sacred place) at that time. He was rather obscure and his name even means "hidden", but his image grew stronger and stronger as he marched through Egypt conquering many lands. As a king, he was often shown with a crown carrying two feathers symbolizing the two lands of Upper and Lower Egypt; as he became immortalized he was shown as a Ram. Over time he became further immortalized and was merged with the God, Ra, to become Amon-Ra, the most powerful god of all. At the same time, the idea that God was an invisible being, sometimes conceived as the breath that animates all living things, or a spirit that is present throughout the land, started to grow.

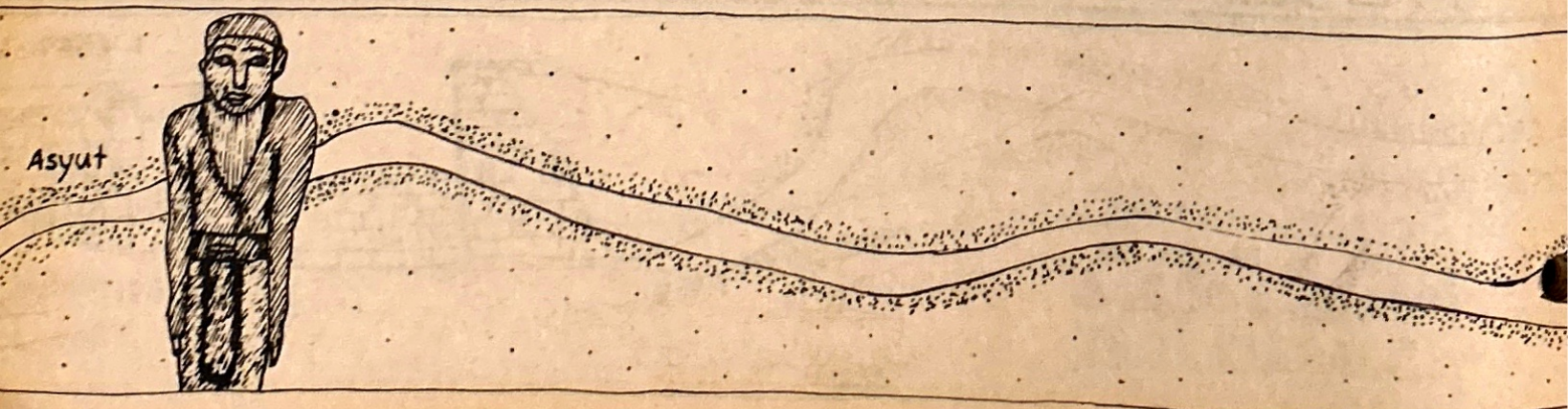
I looked up and noticed that our tour guide was already talking. I couldn't hear him, and as I walked forward into the temple, things became quite confusing. It seemed as if the real temple was hidden, much like the spirit of Amon. First I came upon a giant statue of Ramses II. Then I saw smaller temples to the sides and ahead. They were built by later pharaohs, I learned, to honor Mut, Amon's wife and Khonsu, Amon's son. Ramses III also left a temple. Other pharaohs added beautifully colored and inscribed pylons. It seemed that many kings had stopped to pray, seek inspiration and leave their mark.

I walked further and found myself in the Great Hall of Pillars (built by Seti I and Ramses II). It had over 100 columns and some of them were in the shape of a papyrus. I looked at the hieroglyphics on the columns and slowly began to smile. I recognized these. It seems that I had done some of the carving and painting. There were many scenes of the king worshipping Amon. (Ramses II had a great desire to be known, so would steal the stone from the buildings of predecessors and put his name on their statues. He left some of the largest statues all over Egypt.)

I continued walking and caught up with the tour in time to see and hear about two tall obelisks — one for Tuthmose I and the other for his daughter, Hatshepsut, each around 100 feet tall, made from a single piece of granite. Visions of hundreds of slaves cutting and smoothing the sides of the obelisks (an obelisk looks much like the Washington Monument) and finally lifting the rock to its full height came to mind. (I think I watched then, too.)

In the next part of the temple, I again felt drawn to the hieroglyphics on the walls and columns. There were many inscriptions of various plant and animals. I found the pictures of the ankhs particularly attractive. I passed my hand over them and was surprised at the energy center there seemed to be in the circle. (The Egyptian cross, or ankh, represents the symbol of life and power; it holds the key of knowledge of the mysteries and hidden wisdoms of life.)

The tour continued on for a few more moments, and we finally gathered together to climb aboard our bus once again to meet with our Nile cruise ship, the Aton, which was



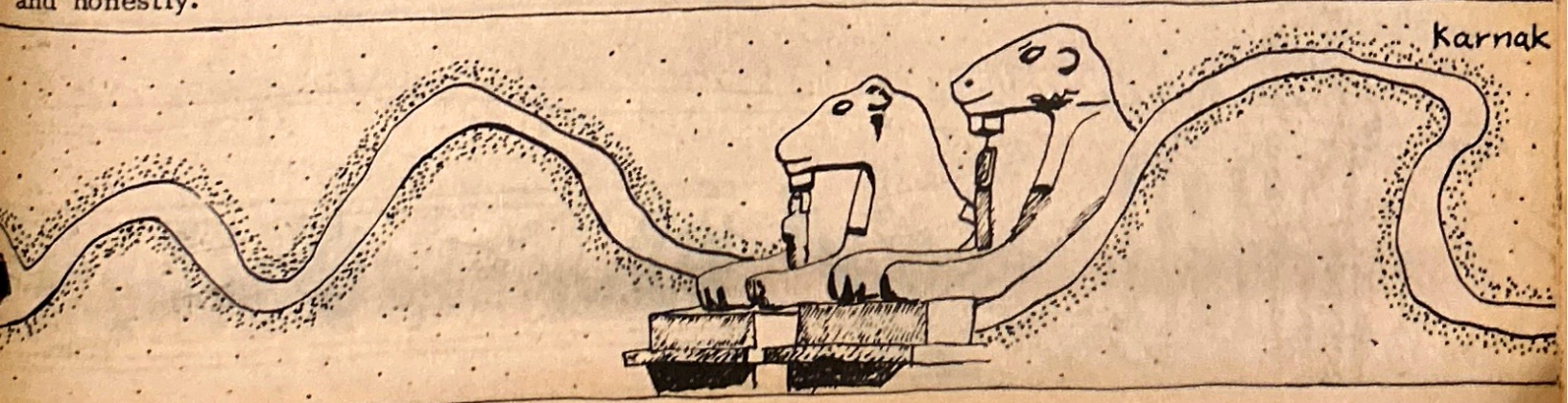
anchored two miles away.

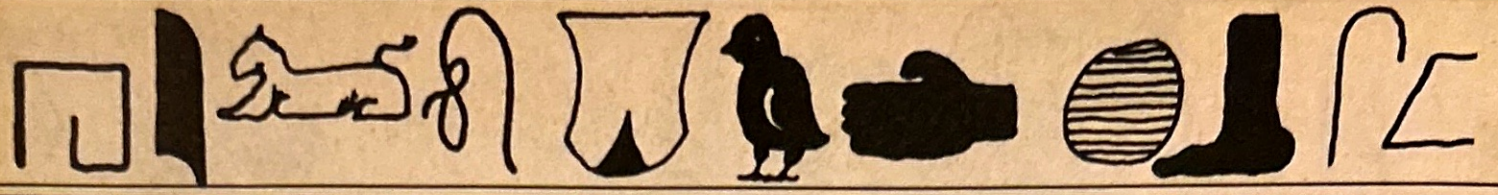
Later, that evening, I returned to Karnak along with about half our group to see the Sound and Light Show. As we moved through the history of the pharaohs, I again found myself walking toward the innermost part of the temple, this time toward one corner. I sat near the ground for a moment, and thought of all that I had seen. The many generations of Egyptians worshipping here. The many gods and goddesses. Maat, the Goddess of Truth and Justice, has always been the most fascinating to me. The concept of "maat" was the way in which a person endeavored to act in accordance with the divine will because that was the only way to place himself in harmony with the gods. For the peasant, "maat" meant working hard and honestly.

I flashed on the fact that the Goddess Maat holds the ankh in her hand. How funny, I thought. Here in Amon's temple was Amon saying that God and Spirit were within everyone and here was Maat saying that you have your own Truths right in the palm of your hand. You hold them within you. You just have to look.

I stood up and walked back toward the tour chuckling, while thinking of all the statues of pharaohs holding their ankhs to their chests.

Two weeks after returning to San Francisco, I started looking at my notes and pictures of our journey. I came across a schematic diagram of the Karnak Temple, and discovered that I had been standing that night in the part of the originial temple that was dedicated to the Goddess Maat.





HIEROGLYPHICS

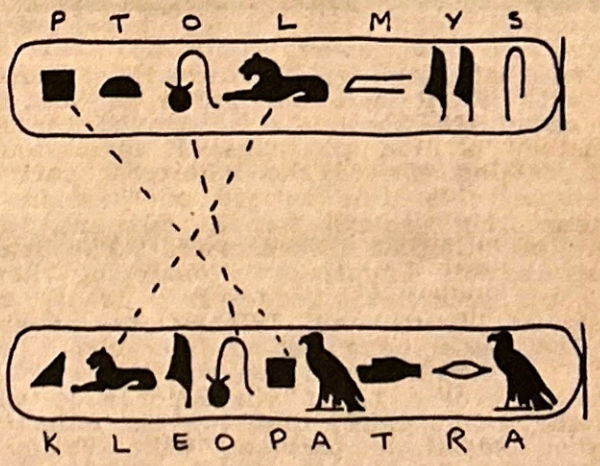
The Art of an Ancient Language

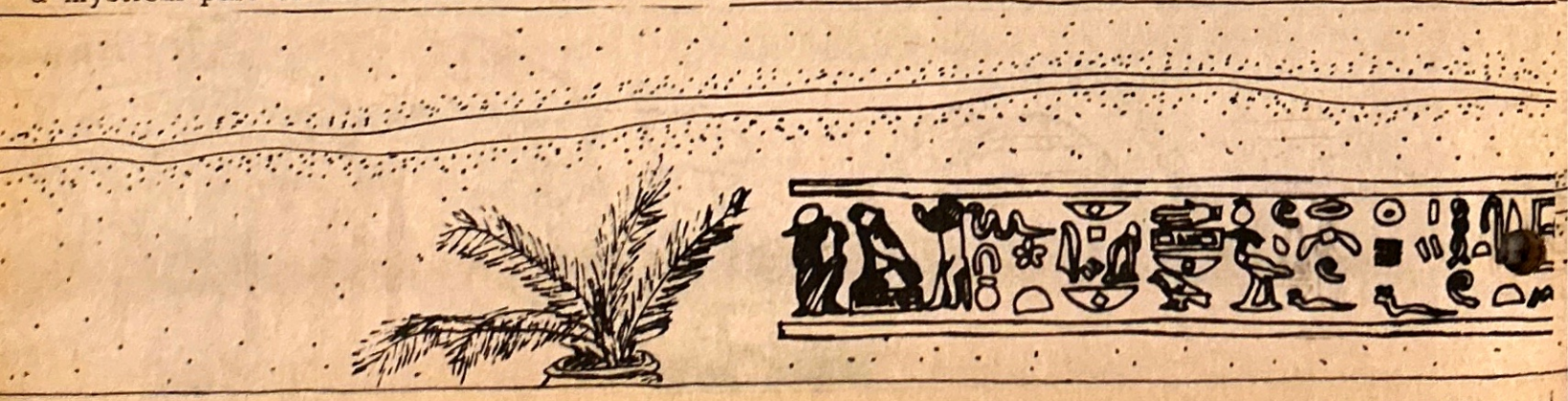
The walls of the tombs and temples of ancient Egypt are covered with the beautifully carved writing of a time long ago. As psychics we read the energy of the places we saw, and we experienced a sense of knowing about this early language preserved for us in stone and on papyrus. (A paper made by laying fine strips of the papyrus plant stalk crisscross and pressing them together until they become a strong and very durable fabric.)

For fifteen centuries men pondered over the meaning of these intricate symbols. The last men to use hieroglyphics were the Egyptian priests during the fourth century A.D. They were so secretive about the meanings of these symbols that the hieroglyphics were thought to be used only as a mystical part of some sacred rites.

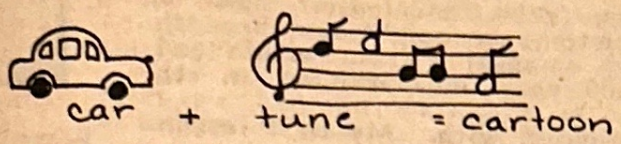
In 1799, however, a slab of black basalt was discovered by some French troops digging near Rashid or Rosetta. The inscription on the stone was carved in three languages, Greek, Egyptian demotic, and hieroglyphics. Scholars knew they had made an important discovery.

It was, however, twenty-three years before a single word was deciphered. In 1822, Jean Francois Champollion deciphered the first great words, names of well-known Egyptians, called cartouches. Before this time the symbols were thought to be picture words. Champollion deciphered the name Ptolemy which led to the name Cleopatra, verifying that the symbols represented sounds rather than individual words. Next the cartouche of Alexander was verified and Champollion worked on as many cartouches as he could find, increasing the number of symbols and phonetic sounds and translated not only names from the Ptolemic and Roman Periods, but also names of the ancient Egyptians, such as Ramses.





Perhaps ancient Egyptians may have begun using picture writing like the pictures found in caves from the stone age. But the written language we see is based on sounds and ideas expressed through a series of pictures like a rebus. For example, the word cartoon would look like this:



Of course this is a simplification. There were many homonyms (like to, too, and two in English). This is solved by including an extra symbol, a determinative. For example,

can mean liquid measure, rejoicing, or neighbors. By adding

or we can tell exactly what h+n+w means. There is no spacing or punctuation and words can be written horizontally or vertically complicating it for a beginner but making a very flexible written language.

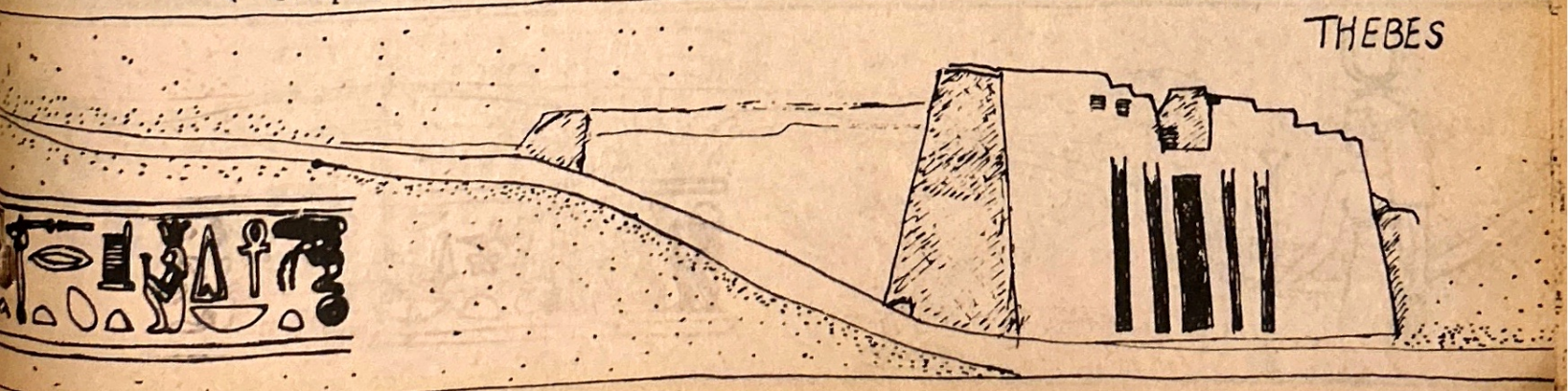
The discovery of the secrets of the Rosetta stone opened up vast fields of information about ancient Egypt. And because of the durability of papyrus and stone, we can tell much about the way of life of these early people and the mysteries of ancient Egypt.

Perhaps you, too, would like to see your name in this ancient Egyptian language, heiroglyphics. Using the following letter sound chart you can create your own cartouche.

☆ -compiled by Darla Christiansen

Cartouche of Ramses II

Create your own cartouch.



HEI LA HOPE

Male

Heave Ho M

Creative Fer

What sort of message does Egypt hold for a male psychic working toward his freedom? This is the question I asked myself as I looked at two weeks of monuments, monasteries, and hundreds of miles of sand.

From the scholars traveling with Napoleon, to Julian Huxley in 1966, and Norman Mailer today, men's views and responses to the Great Pyramid of Cheops and Egypt's unique contribution to architecture, have been recorded since record keeping began.

There is the common element of wonder. Everyone feels this at first sight of these utterly magnificent monuments, their age or history, or height and breadth alone not being singular factors. There is an energy emanating from within and without the physical structures whether they be 4600 year old pyramids or 4th century churches.

This energy is what I felt, reacted to and communicated with. My first lesson on a male energy level came to me at Thebes.

A group of young Egyptian men were working on the reconstruction of the temple of Hatshepsut. One of the few Egyptian phrases we had picked up was one they chanted while they worked, Hei-la-hope. We recognized the phrase with some of our group chanting back the words which translate "heave-ho." The Egyptian men joked about having us help them pull some limestone blocks up a steep incline to the top of the temple some one hundred yards up. Several of us reved up our male energy and got on the chain gang. The crew chief started the rhythmic call Hei-la-hope. It was much like the male energy men experience in boot camp. The stone blocks were very heavy.

Soon I felt my kundalini energy pop and I was a young slave in ancient Egypt working on a similar construction project, a pharoah's tomb. I was a very happy young man and was befriended by the pharoah-priest. My enthusiasm and dedication was rewarded by being allowed to be buried along with the pharoah when he died. I didn't live very long that lifetime. However, great was the reward since after leaving my body behind I learned about reincarnation and how to be born into the right family and environment so that I, too, could become a pharoah. That was the beginning of a series of lifetimes I enjoyed a great deal and in which I learned a tremendous amount.

Then, back in present time, I was nearing the top of the temple. We were waved on through the "forbidden" zone and found ourselves in the inner sanctum belonging to the god Amun. Unfortunately we were chased out by a British archaelogist in charge. On the way down, I turned to see a yellow-orange glow, it was the being, Amun. The communication I got from him was that this temple was like a birthing center for spirit wanting to take a new life. Meanwhile, the tour guide was showing the group the hieroglyphics and the reliefs depicting the female pharoah Hatshetsup being a mother and raising her child.

In one of the tombs in Thebes, I received a communication from the Supreme Being about the changes our group was making in all of the sites we visited and that the the Second Coming must begin in Egypt. We were starting to set the stage.

My next male energy lesson came when we visited Wadi

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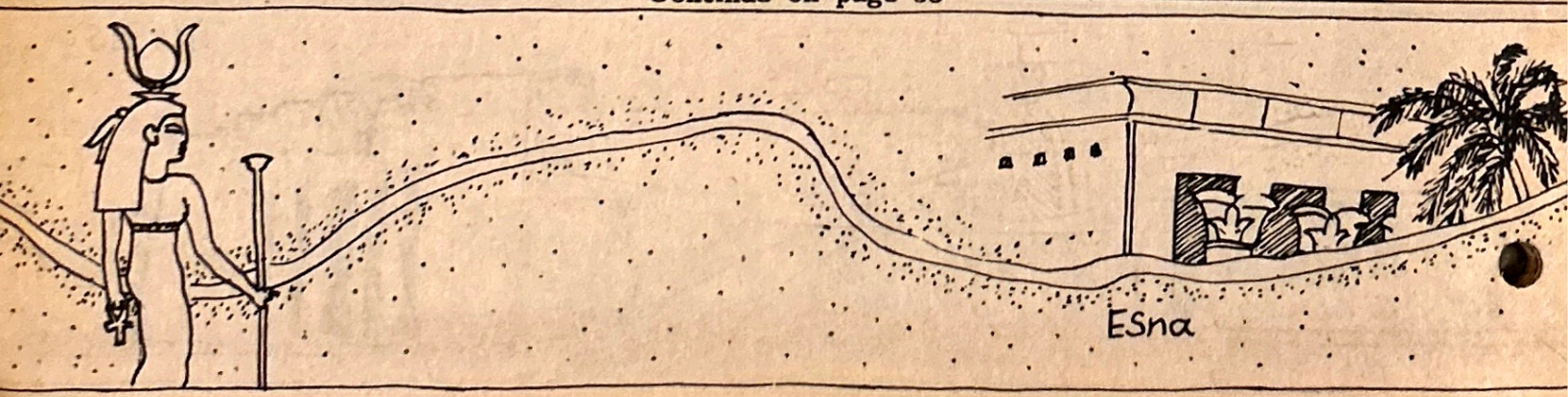
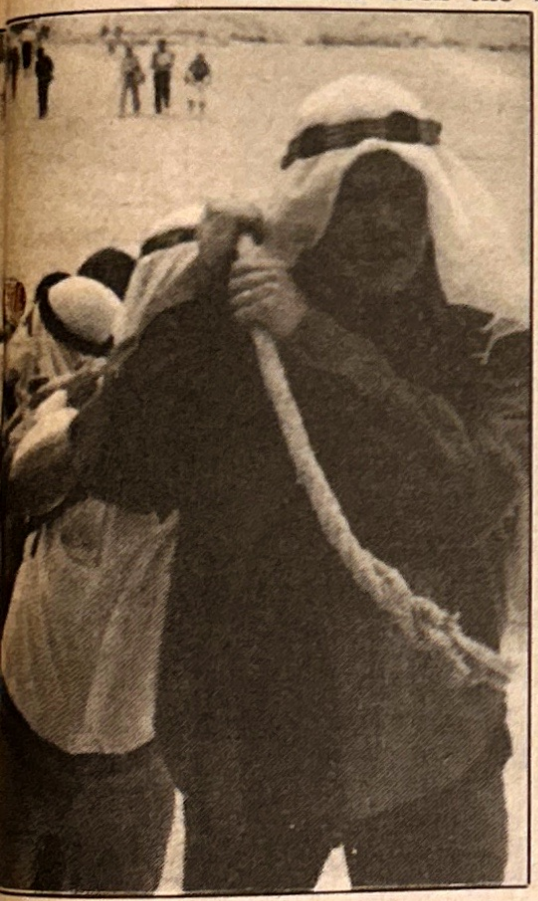


Female HATSHEPSUT

As I toured through Egypt, I looked psychically at many aspects of the life of the Ancient Egyptians. As a woman, one of my main considerations was to recapture what it was like to be in a female body in this amazing culture. Little impressions and glimpses would occur here and there, but I finally received my most powerful information in the Valley of the Kings, at the Funerary Temple of Queen Hatshepsut.

This remarkable woman was the first female to rule Egypt alone, relinquishing even the pretense of having a male co-ruler, and she reigned for nearly twenty years. Her funerary temple is one of the most glorious works of architecture in the world.

As I approached the temple, I could feel a difference in energy. The previous sites we had visited had been built for males or male gods; here was the first evidence of the hand of female creativity. Hatshepsut's architect was a male but her energy was in the lovely design. She discussed and pondered the plans for the temple with him. I could see their joint contributions. It seemed that they used clay models instead of drawings. Wait! How did I know that? All of a sudden, I realized that I had been an attendant to Hatshepsut, I had watched the two of them design this temple! No wonder it seemed familiar! (Although I had never seen the building, only the clay models.)



Our tour guide explained how Hatshepsut had been portrayed as a man in all her statues and relief carvings here and elsewhere. The male body indicated her position as Pharaoh.

As I looked in more detail at this past life of mine, I saw the extraterrestrial "touch" to Hatshepsut's energy -- she and her family had some genes -- and ideas -- given by visitors to the planet. Her reign was part of the New Kingdom period when Egypt was at its zenith, and the permission and information about being female, powerful and creative had come from this "alien" contact. The information was kept somewhat secret, as the Egyptian people could not handle it, but those of us who attended and accompanied the Queen accepted this different energy as part of royalty's due. She allowed her images to be portrayed as male because that is what the people could accept. She found it amusing and unimportant, a "convenient" lie!

There was a lot of permission for women to create, learn, and express themselves within the courts. But no concept of what female energy was like outside the courts. The common people were busy existing, learning about bodies and had no time or capability for psychic abilities and female creative energy!

This made sense to me in light of the Egyptian people as they seem today: totally unchanged for thousands of years, in spite of all the changes of government, religions, and the world around them. These simply are not the people who created such vast empires, such lasting grace and beauty. Those in power were never Egyptians!

Our women tour guides described the role of the modern Egyptian women as independent and creative; Fodor's guide too mentions women's active role in the Egyptian revolution, and their participation in all professions, including politics. They are voters, property owners,

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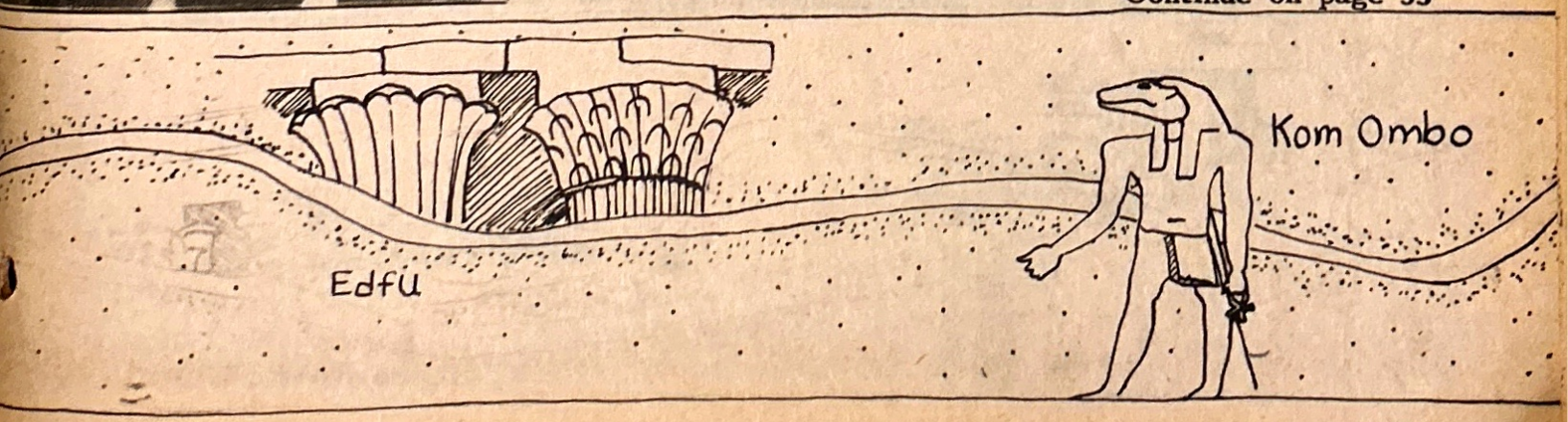
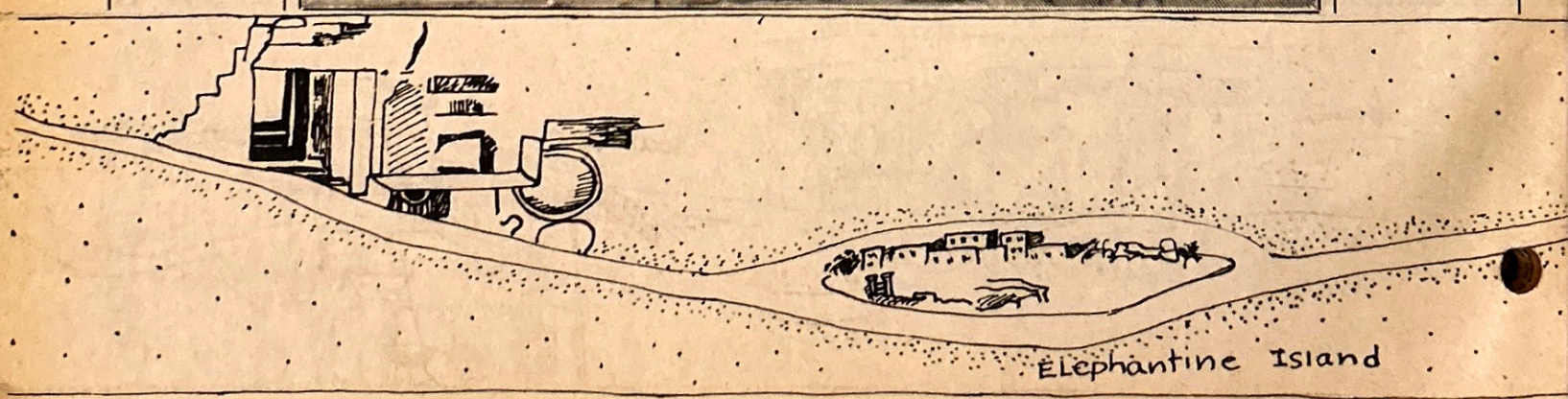



Elephantine Island

Past Life Prayer

I remember carving pictures and symbols out of rock. I remember whole granite walls thirty feet high and half a block long, where I stood for months invisioning the best way to tell all of those special stories.

I knew how to create in pictures, communication for a being in a body. Amusement, love and understanding of one another. They could walk away refreshed and healed.

All of the Gods and Goddesses who symbolized what I knew to be true as a spirit were present. Bes, the God of happiness, playing a lute and dancing. Hathor, the Goddess of love and childbirth, symbolized as a human female, very graceful, with the horns and sometimes the ears of a cow. Ra, the sun God, with the head of a hawk and a snake circling above his head symbolizing eternity. Anubis, God of embalming and judge of the dead, with the head of a jackal and the body of a man. Thoth, God of wisdom and truth also acquired a human body but kept the head of the Ibis.

Each God had a special gift for mankind. Each was there to explain and remind us of our abilities and power as spirit. These Gods were not perfect, they had their failings, but they stood as a witness to who we are and what we are capable of as spirit. They stood for all the things that we can create and destroy and experience in our bodies.

This is what I wished to teach all of those who looked at my carvings in the Temple of Philae, in Aswan, Upper Egypt.

I carved those symbols in total enjoyment and validation to myself as a spirit.

I was passing on a message of hope and understanding to all of the future generations who would see them.

My craft was my form of prayer. It was my sacred place where I could communicate with myself and my Gods that lifetime. I spent my lifetime in this form of prayer.

I would have been very surprised to hear how long they have lasted. The Temple of Philae was built in the 4th century B.C.

I would have been even more surprised to think of myself coming back in another body in this lifetime to receive the gift of hope and spiritual validation that I left there for others. And yet here I stood 6 thousand years later with my son on my back and surrounded by 58 psychics. I received a gift created by me 6,000 years earlier. Talk about spiritual validation.

I know how to see my past lives because I know how to pray. Anyone can do this form of prayer on a past life.

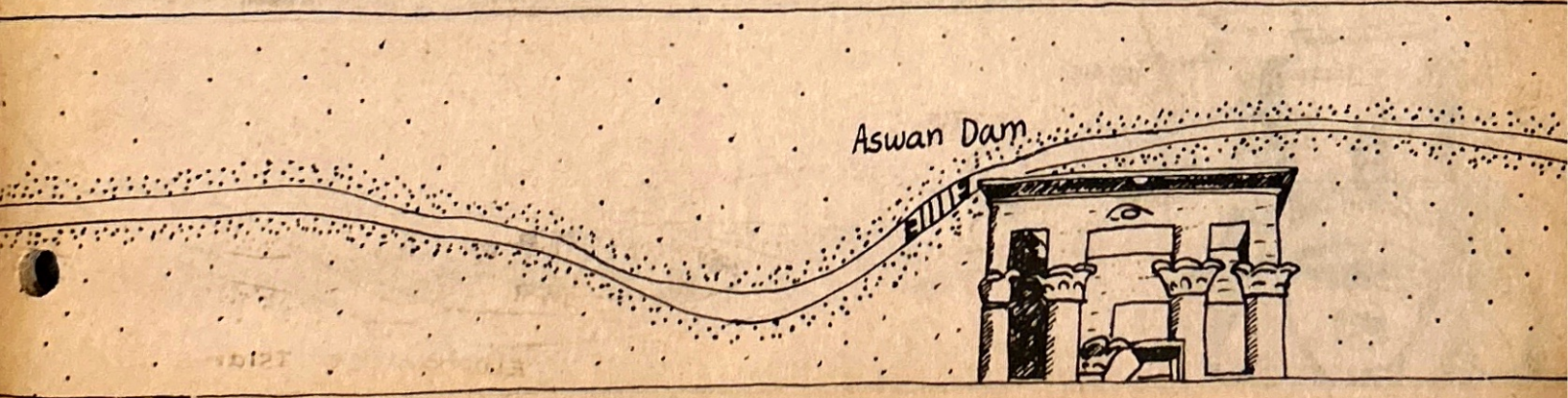
As I walked in present time, along the walls and into the temple, I noticed certain Gods and Godesses were defaced. Someone had taken a hammer and a pick and chipped off parts of the carvings, many hands and feet and heads were missing. Our guide said that later people had done this.

I looked and I remembered. I had another body, a big, brawny, dirty body. I remember being very angry. I was a soldier. I looked at the pictures carved on an ancient wall.

Obscene! A sacrilege! What horrible cult of devil worshipers had been allowed by the True God to carve such obscenities all over the walls? They were so huge; there were women's tits and, good Lord, a man with the head of a vulture. Sweet Jesus, to get a monstrocity like that you would have to fornicate with a vulture. How base! Those smelly ugly birds were the devil's own. Those carrion eaters were from the pits of hell. And to fornicate with one! Ugh! These monstrosities must be removed from the face of the earth and the eye of God.

Cleanse the filth from the walls and let God's good pure light enter into this place of sin and debauchery. Let his goodness stream forth and annihilate this abuse of the mind and heart. Let God be victorious over this evil. I remember working very hard and sweating and cursing and slamming into granite walls with my hammer to expunge the evil. I smashed my way through the grotesqueness and became the righteous protector of God. When I had destroyed as many of the half human, half animal things as I could, I paused, wiped my brow with my sleeve and heaved a sigh of relief.

God was being brought to a pagan land. God would win after all. All was not lost. I had helped the good simple pure light of



God's love to burst asunder this den of dark gruesome sordid perversion. I was on God's side, I had proved it. It was my form of prayer to smash off the face of evil where and when I saw it. I bellowed and swore to build a little altar to the true God right on the spot so that his mercies might be shown to the heathen in the hour of their need. I picked up a mallet and a hammer and carved a crude cross right into the face of the granite. I knew I was no carver, but it was good enough. I set up an altar and knelt and prayed.

As I stood looking in present time, 1984 A.D., at the crude cross with my mouth open, someone shoved me behind the simple rock altar and said, "Karen, I want to take your picture. We need one of the Berkeley pastor, and Director of Churches. Stand right behind this altar. Smile! How about a prayer? Can you say a prayer for us!"

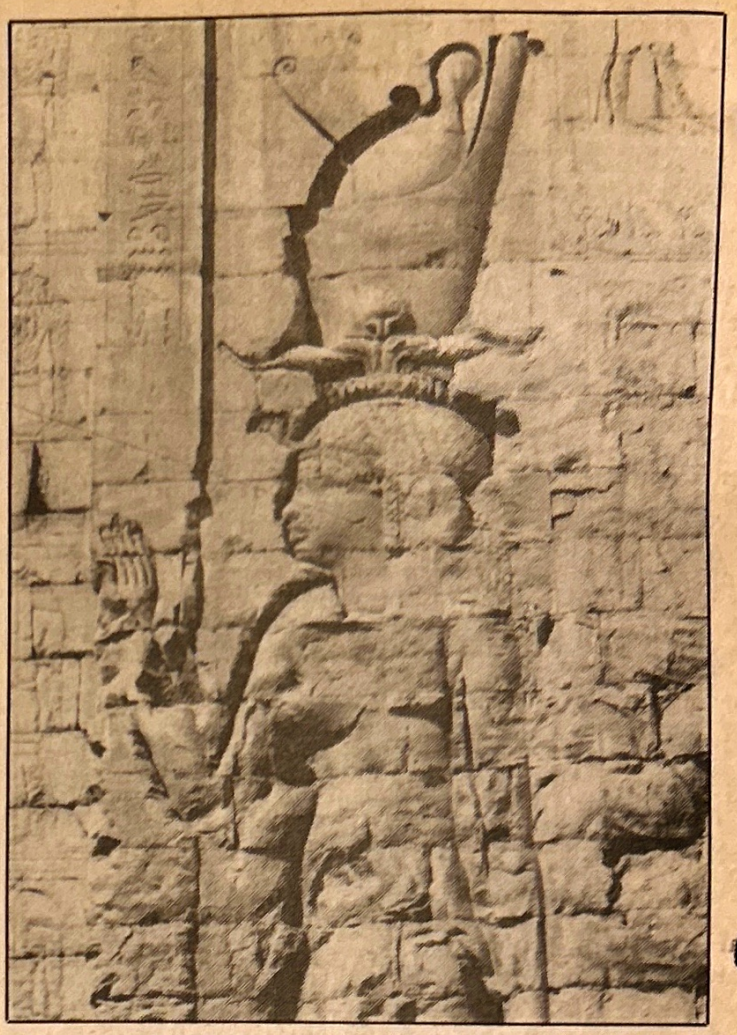
A prayer. I looked around at my carvings; created in my most profound place of prayer, destroyed by me in a later lifetime in prayer. I felt a tremendous rush of conflicting emotions; sadness, love, hope, anger. My carvings were incredibly beautiful and a perverse monstrosity as I flipped back and forth from the two lifetimes.

I looked at my present life, at my ability pray, to find that place inside me where I have my limitless space, timeless endurance, everlasting patience, and continuous comprehension. I experienced my amusement and enthusiasm. I laughed. "Yes, I can pray," I said, as the flash on the camera exploded in the dim inner temple.

Praying in this manner can be done at any place or time. Maybe you visited the Grand Canyon and felt a oneness or a sense of knowing just how the Indian lived there 400 years ago. Meditating on a past life is easy:

1. Sit still with eyes closed.
2. Let your energy be focused on the third eye or the center of your head.
3. Connect or ground yourself to the center of the planet.
4. Say "hello" to spirit.
5. Create a large rose in front of your nose and use that rose to allow images of the past to flow through.
6. Say "hello" to the past life images. Then destroy your rose and say "good-bye" to the past.
7. Say "hello" to the present.

If you would like more information on this manner of seeing past lives, write to me care of Psychic Life Magazine and I'll be happy to communicate further easy techniques for beginners. ☆



(Karen Tamura is the Director of Churches for the Church of Divine Man and Pastor of the Berkeley Parish. She is a psychic and healer, using her ability to communicate with spirit. ...editor.)

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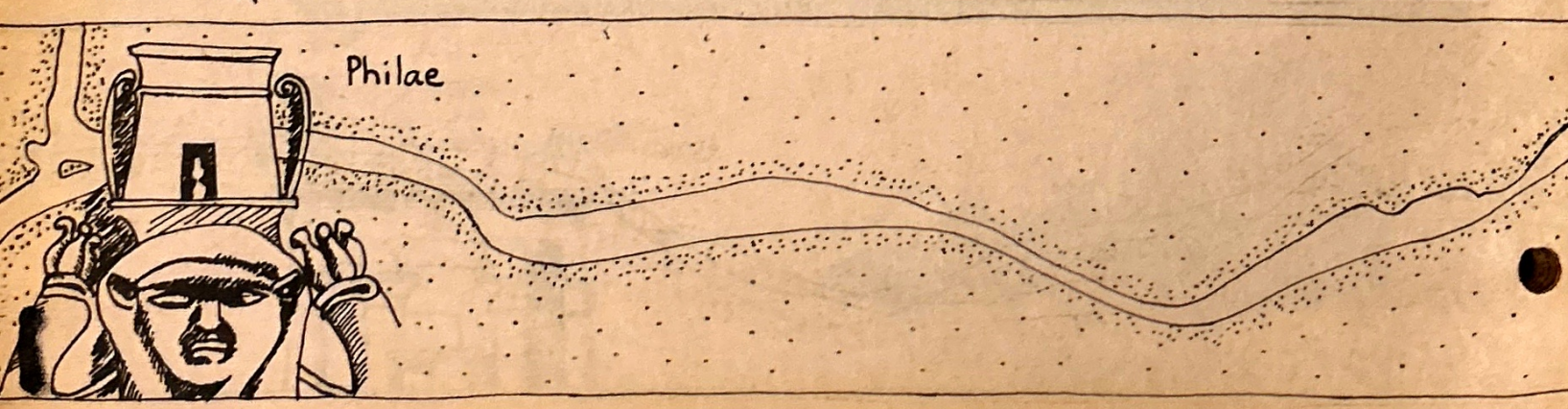


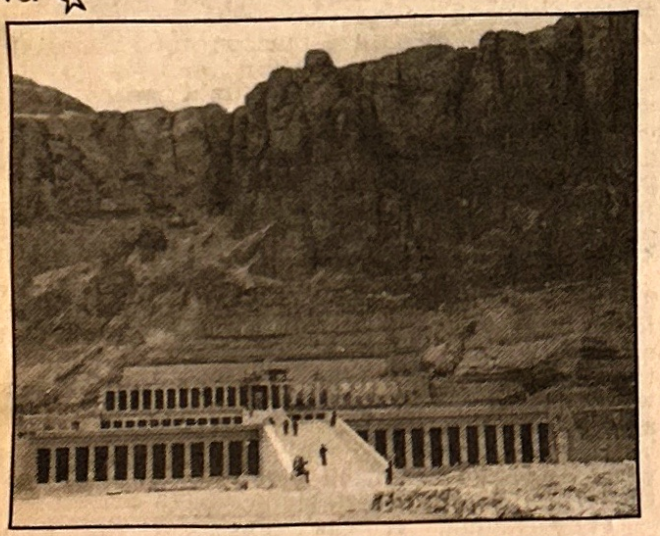
Male

Continued from page 28

El Natroun Monastery, a 4th century Coptic (early Christian) church of the Virgin Mary. There I found it amusing that this monastary inhabited entirely by men was protected and supervised by St. Mary. So I asked her about this. Her answer to me was that she was teaching the men how to separate themselves from the energy of their mothers. She taught them the difference between their own female energy from that of their mothers and other women. This is a very important level in a man's attainment of his own spiritual goals.

As I walked through the monastery, I was captivated by a painting of not the Madonna and the infant Jesus, but of Joseph, Jesus in his arms. What a great picture! I immediately tuned into Joseph and said hello to which I received a hello back. I told him I didn't hear too much about him. He smiled and said he liked it that way. I saw him as a very capable spirit working right alongside the Supreme Being. He said, "It takes ability to raise a child like Jesus, you know."

He definitely had a point there. As a man, I received validation from Mary; as a father, from Joseph. And when we visited St. Sergius' Church built on the site where Jesus, Mary, and Joseph stayed in Cairo, I received great validation for having the family I have. ☆



Female

Continued from page 29

students. Certainly some women in the cities dress in western fashion and go about their business unescorted day and evening, just like American women.

It's all a matter of perspective I suppose: the words and the trappings are all there, but it all seems like a lie to me. It all happens on the outside, but there is no real permission for female freedom.

The majority of Egyptian women still wear ankle length long sleeved dresses and cover their hair. Their bodies stay hidden, as does their energy. Their behavior is solemn, demure and gentle. "Please don't notice me." Imagine 38 lively, amused and fun-loving psychic women moving into this kind of energy level! The invalidation of our permission and enjoyment of being female was like hitting a brick wall! Within a day's time all the women in the tour group were painfully aware of this invalidation energy. Its source? Egyptian men! They seem generally very disdainful of female creative energy. Women according to these men, have only one function they should be pursuing with all possible speed: making babies! You can be in politics, you can own your own business, you can get a doctorate degree, as long as you put the role of wife and mother first! Sound familiar? Be amused.

Psychic women, learning to use their creativity for themselves, are breaking up old games on the planet and enjoying it. You can imagine what an affront that was to the Egyptian males. We were, in their eyes, outrageous, disrespectful whores.

As we left Egypt, we created some new healing energy there, to help free and change the male and female roles of the Egyptians.

I discovered America is the best place to be a woman ☆

(Michael J Tamura is the Director of the Seminary of the Berkeley Psychic Institute and it's main office in Berkeley. He is an excellent healer and aura reader. He used these abilities throughout Egypt and Greece to communicate with spirits in those countries and heal the energy he found stuck in past time. Barbara Parkinson has been the co-director of the Women's Healing Center of the Berkeley Psychic Institute. She used this special interest in her observations during her trip to Egypt. ...editor.)

The Comfort of Spiritual Communication

by Karen Tamura

We were sailing along on a felucca (a small Egyptian sailing boat) and the day was beautiful. We were near Aswan, only about 150 miles from the Sudan.

As twelve of us were enjoying the clear bright morning on the Nile, the boatman spoke up in broken English and asked if we would like to visit a real Nubian village. It was about an hour sail up the river.

Since this was not part of our itinerary we were surprised at his offer, and we all enthusiastically agreed.

As we sailed along I was astounded to see the desert roll down and descend into the river with barely a hesitation for green growing things.

We docked and followed a little path that led up from the shore. The sands, the mud brick houses with thatched roofs, the huge thorns on the acacia trees, wicked looking enough to make even a camel pause, were all sights I had never encountered, and yet I felt strangely at home and at peace right in the middle of it.

This surprised me greatly because my body gets uncomfortable and I lose control very quickly in the heat. But this was a sort of clean, dry, invigorating heat. I felt energized.

I was carrying my son, Nicholas, who was 5 months old and 25 extra pounds, on my back. Susan Bostwick, editor of Psychic Life, joined me and we started to stroll through the quiet streets. There was nothing green except a few date trees and the streets were dusty. Susan took pictures of the women dressed in the Muslim traditional black galabayas (over dresses) and black veils. They were carrying baskets on their heads which contained vegetables or lentils.

As Susan and I walked past one of the houses, a young woman appeared and came to see us.

One of the most wonderful things I saw in both the Egyptians and the Nubians was their enjoyment of children. They treasured their children and everyone elses' too. Nicholas loves traveling and his enjoyment of people is very apparent to anyone who says hello to him. He received instant attention.

As a matronly Nubian lady approached us she saw Nicholas and exclaimed excitedly to her friends inside "Baby - Oh, Baby!" She reached us and took Nicholas from my arms and kissed and hugged him and laughed and laughed. Nicholas thought she was pretty funny too. They both seemed to be enjoying each other so much that I hardly noticed that she had joined her friends on the porch of the house and a moment later they all went inside. I was amused as my body immediately followed them into the house. It reminded me of what our guide had said earlier in the week as he showed us a painting on the wall of a tomb.

He asked if we knew how to get cattle to cross the river. Since none of us knew, he told us: You find a mother with a calf and you take the calf and put it into a boat and row the boat across the river. The mother will follow her calf no matter what and the other cows, feeling the force of her determination, follow her.

Well, I mused, obviously this woman knew how to get cattle across the river, for within minutes 6 of our group were also crowded into the small courtyard.

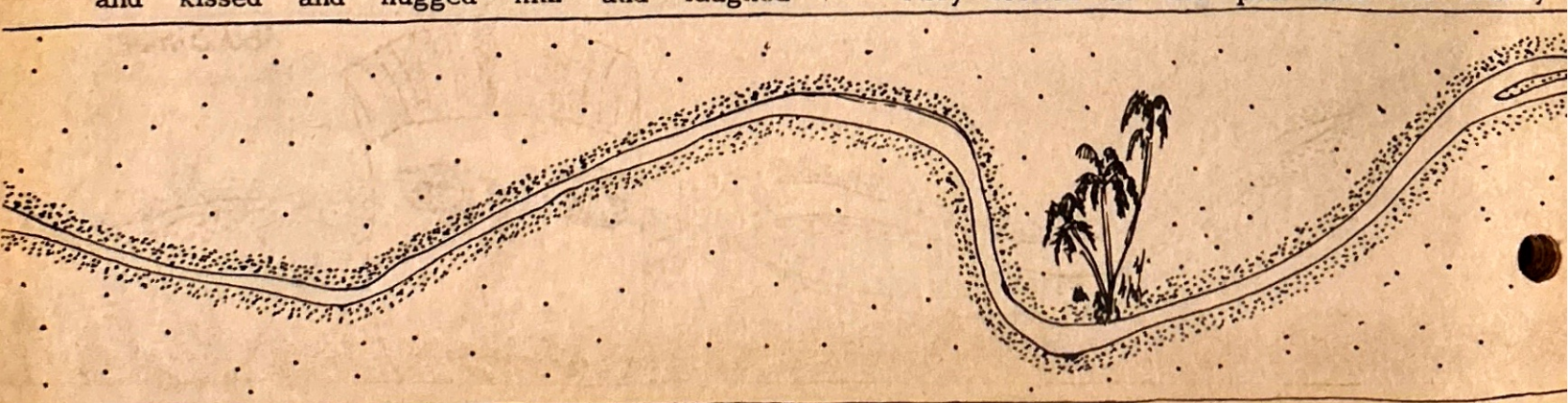
The village and the house were so comfortable that I felt as if it were my village and house.

As I entered the courtyard, the lady handed Nicholas back and motioned for me to sit down. I was pleased to experience the inside of their home, so Susan and I sat down. A funny thing started to happen. They offered us tea and even though they knew only a few English words and I knew no Nubian, we began to talk. It was like going to a relative's or a friend's house.

They were intensely curious about American babies and all of them wanted to hold Nicholas. I thought they might enjoy seeing what I had in my diaper bag (it goes everywhere with a mother!). I opened it up and started to show my baby things. The paper diapers came out first and they were a very big hit. They looked and oohed and aahed and I suddenly realized that they didn't know what they were.

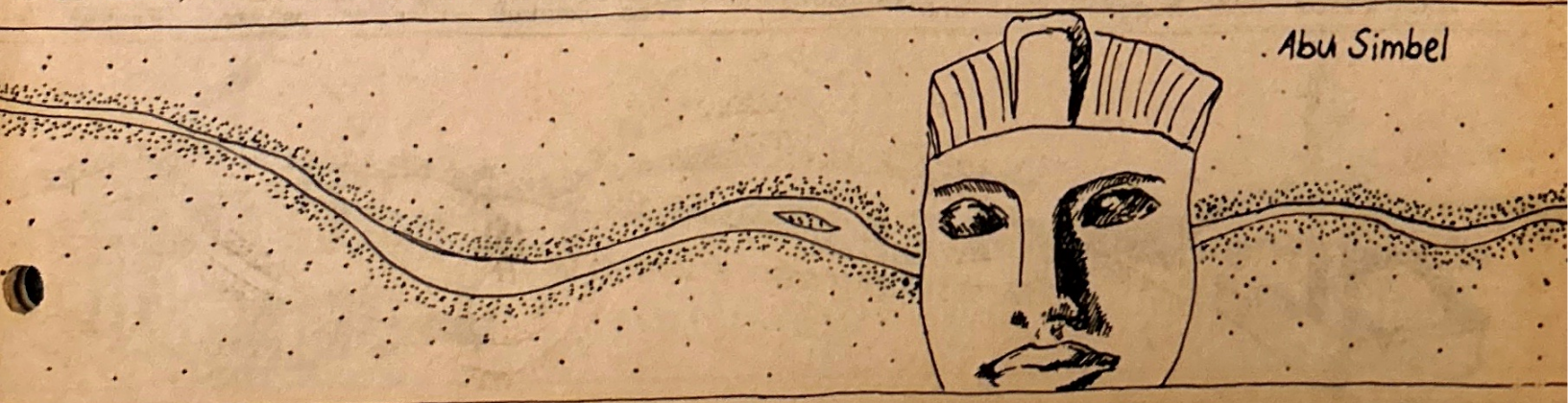
Of course, their babies don't wear diapers! So, I started to mime what they were used for and they thought I was hysterical. The energy became a real ladies party. They got the idea. Then I tried to explain that they were paper. Well, I never did get that across and since there was no paper of any kind to be seen, I gave up. I think they might be very surprised when they try to wash them in the Nile (cheap American goods!).

They looked at the pins and the Handy



Wipes and fell in love with Nicholas' one piece sleeper, but another high point was a small rubber squeeky pink pig. It was a toy that Nicholas liked to chew on.

I gave them the diapers and the pig and as they sat talking and looking at the new things among themselves I felt a mantle of peace come over me. It was a tremendous healing to be there; to sit in someone's courtyard and feel at home amidst a very simple way of life. We all sat there, Nubians and Americans, for that short time matching energy, discussing babies and diapers and trading baby clothes. I felt completely relaxed and at home and tickled at how similiar people are and how easy it is to communicate sometimes; even when no one speaks the same language.☆



ISLAM

by Joel Hipps

(Any report on Egypt must include a note about the Muslim religion. Mosques are everywhere; in the marketplaces, through the towns and in the center of ancient temples. The call of prayer rings through the cities, villages and countryside over loudspeakers and on the radio many times a day. Those who do not stop to kneel in prayer facing Mecca repeat the prayers to themselves as they go their way. Eight-five percent of Egyptians are Muslim. Six million people are Coptic Christians. There are a few Shites, Christian Protestants and Roman Catholics. Four families in Egypt are Jewish. ...editor.)

The religion of Islam began in the city of Mecca (now located in Saudi Arabia), in about AD 610. It was begun by the Prophet Muhammed. Islam is based on the revelations spoken by the Prophet and revealed in the book called the Koran (Qur'an)

Muhammed was born in Mecca in about AD 570. Mecca during the time of Muhammed was a center of commerce. Muhammed was a wealthy caravan driver who would seek solitude by going into the desert. In about the year AD 610 he was visited in the desert mountains by the angel Gabriel who informed Muhammed that he was God's messenger.

Muhammed began to teach and to convey his message from God in Mecca. He stirred up things enough that he and his followers were pushed out of Mecca and they emigrated to Medina in 622. This emigration is referred to as the "Hijra" and marks the beginning of the Islamic era.

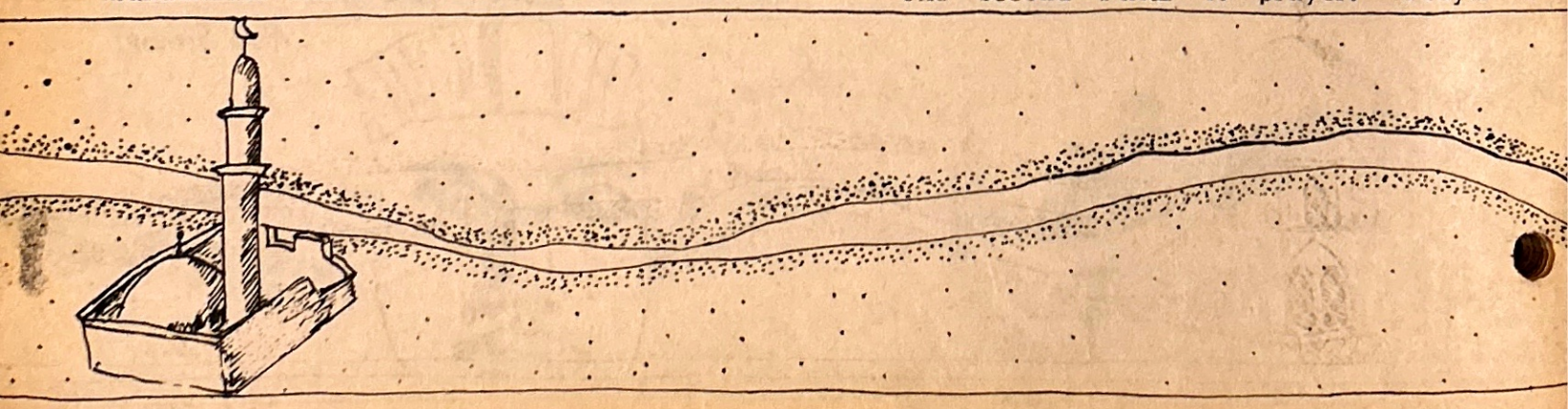
In Medina the religion took on greater form and the Muslims grew in numbers and strength. In 630 Muhammed and his followers were strong enough to take over Mecca. At this point they were a political as well as a religious movement. In the new territories people were considered "protected minorities" until they converted to Islam. The faith was also expanded by trade.

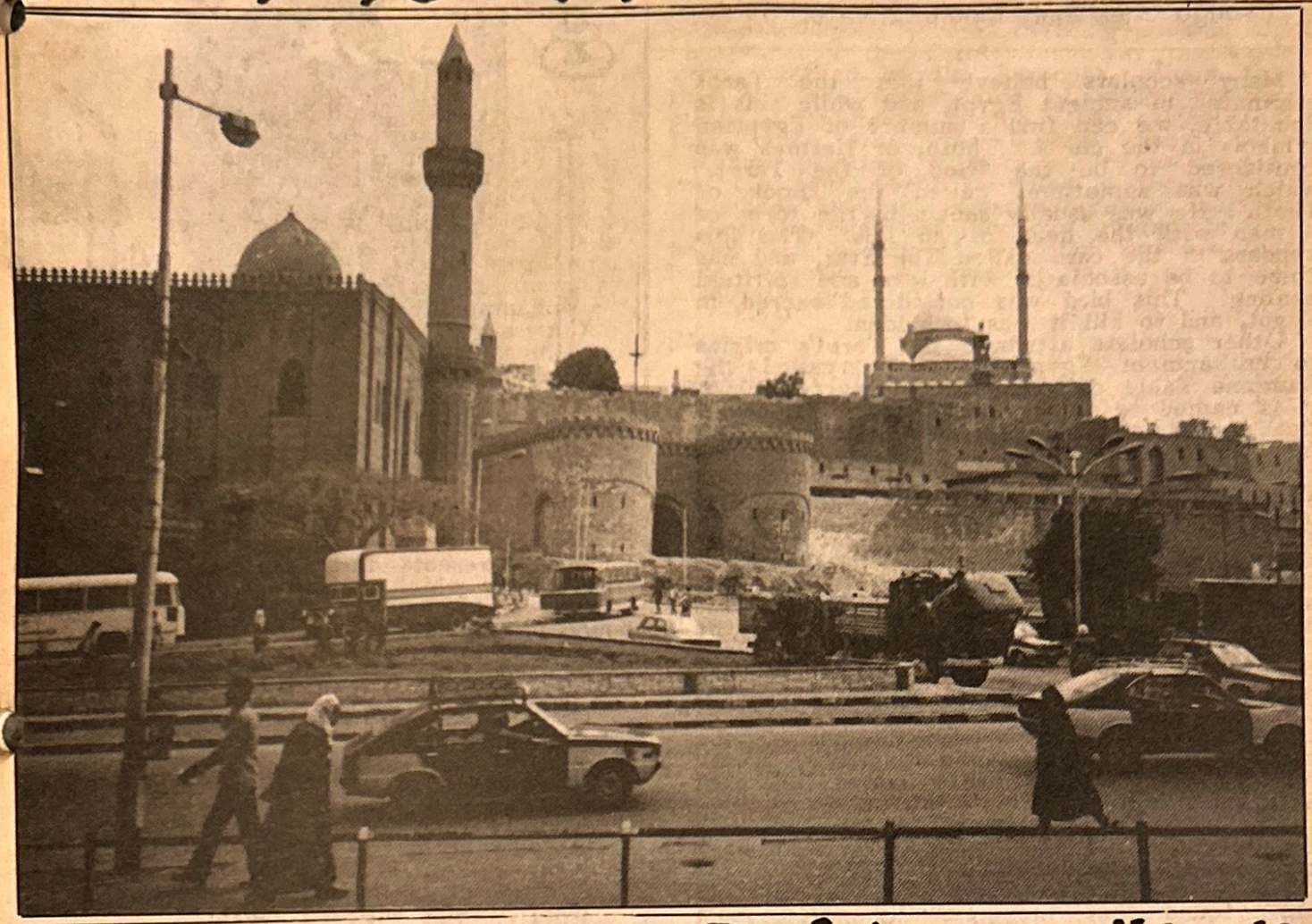
Muhammed is presented as being an ordinary person charged with a special mission from God. He unremittingly devoted himself to this task. The sole miracle he used to demonstrate his prophetic mission was the Qur'an. Muhammed died in AD 632.

The Qur'an is the collection of Muhammed's visions. It was written shortly after his death. Is is the sacred book of the Muslims. It is seen as a perfect revelation from God. The Qur'an asserts that God was "One" (Allah) and that he was merciful and all powerful, controlling the course of events. On the Last Day he would judge men according to their acts and assign them to heaven or hell. The Qur'an professes a strict belief in one God. Every created thing exists in dependence upon God and with the purpose of expressing adoration to God.

The practice of Islam is based on what is called the "Five Pillars". The first Pillar of Islam is the Testimony of Faith, the "Shahada". It states: "There is no god but Allah and Muhammed is his prophet." These are the first words breathed into a child's ear at birth and the last which a Muslim would utter with his dying breath.

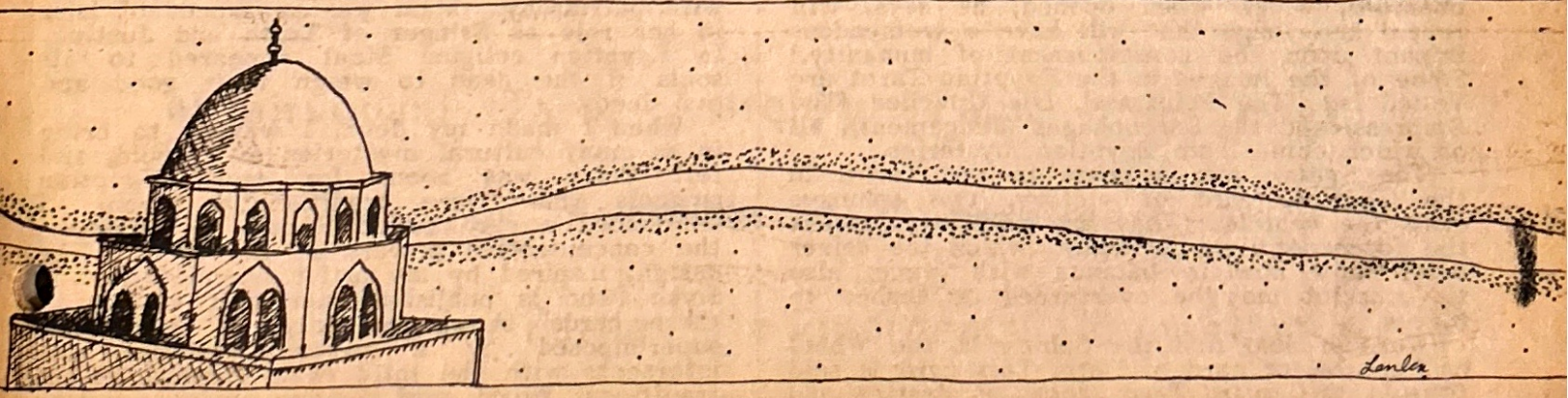
The second Pillar is prayer. Prayer is





required five times a day to remind them that their status before God is as "worshipful servants". The third Pillar is almsgiving. This is to share ones wealth with the poor, needy, sick and so on. Contemporary practice is to give 2.5% of ones cash balance. The fourth Pillar is fasting. This means no intake of food or drink during the daylight hours. This is done during the whole month of Ramadan. The fifth Pillar is a pilgrimage to the holy city of Mecca.☆

ref: 1. Eerdmans' Handbook to the World's Religions Wm. B. Eerdmans Publishing Co. Grand Rapids, Michigan 1982



Healing with Tarot

through Shekhinah Mountainwater

Many scholars believe that the Tarot originated in ancient Egypt, and while this is debatable, we can find a number of Egyptian symbols in the cards. Thoth, or Hermes was considered to be the "God of the Tarot," which was sometimes called the "Book of Thoth". He was usually shown in the form of a man with the head of an ibis. The ibis appears in the card called The Star, and has come to be associated with love and spiritual healing. This bird was considered sacred in Egypt, and to kill it was forbidden.

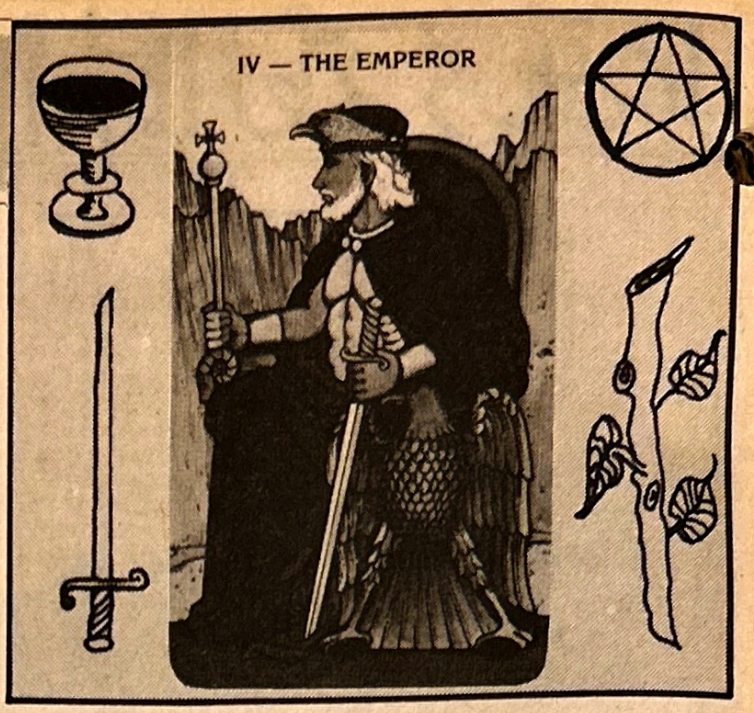
Other scholars attribute the Tarot's origins to an ancient Egyptian carving called the Bambine Table of Isis. The goddess for which it is named is shown seated on a throne at the center of this tablet. Manly P. Hall includes a remarkable reproduction of this beautiful relic in his book "The Secret Teachings of All the Ages." He suggests that Isis was seen as the center or source of all the other figures which surround her, and that the central portion corresponds to the Tarot trumps numbered 1 through 21. This is appropriate as Isis was one of the oldest deities of predynastic Egypt. Isis can be interpreted here as the Zero card, says Hall, the cosmic egg from which all forms are birthed. The Zero card is usually known as the Fool, nowadays, and represents the self or the questor who must pass through all the other cards to attain enlightenment. In my own goddess deck, I have renamed this card Self; its design is a simple mirror.

The Gypsies are commonly credited with the invention of the Tarot, and have been considered descendants of the Egyptians, as their name implies. However, researchers have found that they actually came from India, and their cards reveal the Vedic traditions of that culture. It is likely that the Gypsies have had an extensive influence on the cards which became a part of their stock and trade as "fortune tellers."

A group called the Brotherhood of Light, based in Los Angeles, has published an Egyptian Tarot deck. Their creator, C.C. Zain believes that the original images exist only on the "Inner planes" and will be found in some future time when a secret chamber beneath the Great Pyramid in Egypt will be opened. (Edgar Cayce, the "sleeping prophet," has corroborated the existence of this chamber, which when opened, he says, will reveal knowledge that will have a tremendous impact upon the consciousness of humanity.) Some of the images in the Egyptian Tarot are Veiled Isis (The Priestess), Isis Unveiled (The Empress) and the Sarcophagus (Judgement), all of which come from Egyptian mysteries.

The Sphinx also appears in the Tarot. In the Chariot, card of victory, two sphinxes draw the vehicle. They are said to represent the forces of light and dark, which the driver must know how to balance with grace, else the chariot may be overturned or dashed to pieces.

We can also find the Sphinx in the Wheel of Fortune, or card of Fate. This card is said to rule the entire Tarot deck, as destiny and



divination are its main concern. Here the Sphinx represents the unknowable mysterious forces from which emanate all destinies. The famous Riddle of the Sphinx is intimately bound up with the Wheel of Fate:

What goes on four legs in the morning
On two legs in the afternoon
And three legs in the evening?

Or, in my own version:

What crawleth in the morn
O daughter of the dawn?
What walketh in the noon
O daughter of the moon?
What hobbles with a cane
When Appollo's on the wane?
What flieth in the night
O daughter of delight?
(Answer: Humankind)

In Shekhinah's Tarot this card is called Moirae, after the ancient Greek goddesses of fate who card, spin and cut the thread of destiny. The Mother Goddess is shown spinning the Wheel of Life or Karma, in the center of which gazes the all-seeing Eye of Maat. This eye, a well-known Egyptian symbol, has come to be known as the Eye of Horus, son of Hathor, who gained ascendance with patriarchy. Maat was an aspect of Isis, in her role as Bringer of Truth and Justice. In Egyptian religion Maat appeared to all souls of the dead to weigh their good and evil deeds.

When I made my deck, I wanted to bring in as many cultural mysteries as I could, and felt there was room for more Egyptian symbols than were traditionally given. I introduced a card called Focus, to represent the concentrative powers of the mind. The design, inspired by my artist friend Jean Va Slyke (who is publishing her own version o these cards) shows the face of the Sphinx superimposed by a pyramid whose apex intersects with the third eye. Instead of the traditional World card, I have made a picture

of Nut, the Egyptian Sky Goddess. She was said to swallow the sun each night and give it birth each morning, thus creating our days and nights. She is shown encompassing the heavens and earth with her body, in keeping with ancient Egyptian tradition, which held that the stars were made from the milk of her breasts. This goddess is also call Neith, and in French, Nuit or Night. In the Tarot she and the World card represent wholeness or completion; the end of the questor's journey.

Not everyone agrees that Egypt was the birthplace of the Tarot. Some say the cards were invented by the Saracens, others that they are the descendants of visual mystery plays of Medieval Europe, still others that they come from the Orient. The debate becomes pointless after a while, as we can see that the Tarot is filled with so many influences from countless sources. Whatever its origins, we certainly can appreciate the power and beauty of Egyptian symbols that have become an inherent part of Tarot wisdom.

Sources:
"The Secret Teachings of All the Ages," Manly P. Hall; "Motherpeace," Vicki Noble; "Tarot-Card Spread Reader," Doane and Keyes, from the Brotherhood of Light (has Egyptian deck); "The Tarot Revealed," Eden Grey; "The Woman's Encyclopedia of Myths and Secrets," Barbara G. Walker.

* *

Shekhinah Mountainwater is a priestess and teacher of women's mysteries. If you would like your cards read for this column, send your questions to us and see them answered in future issues. These free readings are brief, consisting of one or two cards. Shekinah is also available for full-scale readings. See her ad in this issue. ☆

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and childbirth who wore a pair of elegant cow's horns holding a shining gold sun disc on her head, with her own temple.

It was here that male members of our tour seemed to find permission to express themselves.

DAY FIVE: ESNA AND EDFU

Drifting along the Nile, lazing in the sun on the upper deck, moving through time 1500 years before Christ and watching countryside that couldn't be much changed from that time period. It all seemed as primitive as it would have been long ago. A present time reality check was the waiter in a crisp white uniform clinking the glasses of Kair-ka-day, cool drinks of sweetened hibiscus flower and the sound of the Aton's fog-horn like bell.

The temple of Esna was at the end of labyrinth of bargain shops where shirts went for $4 and $5 that would cost $25-30 at home. The Ptolemaic temple represents recent past lives influenced by Greek or Roman times, 180 BC to 250 AD. The latest records of an Egyptian Pharoah were found here. Walking back from the temple we encountered local merchants, children in tatters, dogs, goats and donkey carts mixing in the marketplace. This brought an even more recent past life into nostrils, ears, and eyes. It was impossible to avoid the lifetime spent close to the land, barely surviving.

The boat was on a tight schedule here and the scramble to get back on time was not for fear of missing the departure as much as to stop the heavy flow of pictures reminding us of harder times. Present time was being sprawled on the upper deck of the Aton Nile Cruise ship in a bikini.

Edfu was a spectacular temple built in 237 B.C. Dedicated to the God Horus, it has a grand, nearly intact statue of the eagle-like Horus at the entrance to the holy of holies.

Here were past life pictures of being unfit for the temple grounds, or of having built the structure. Some had past life images of being part of the kings entourage, getting to enter only the outer gates.

DAY SIX: KOM OMBO

The tour books gave us no indication of what we would experience here. Mummified crocodiles, yes. We heard about them. However, we were not prepared for the past life energy and the dichotomy of this mystery spot - a real vortex of energy that pulled at your body when you stood in the space between two temples. (See Carol Tracy's story in the next issue of Psychic Life.) It was the hospital and the tremendous healing forces that were still in existence that caught us by surprise. Many of us went through several lifetimes of being here as nurses, surgeons, patients with a variety of problems: cesarean sections, contagious diseases, malignancies, etc.

When we reluctantly went back to the ship we sought each other to relive the past life energy in words. Some people drew pictures to release the energy onto paper.

Later that same day we arrived in Aswan and headed for tour buses to see the famous Aswan Dam. We then entered small skiffs for a breezy Nile sail to the Temple of Philae, a monument to the female Goddess Isis, which was moved block by block from its previous island site because of construction of the new high dam. (See Karen Tamura's story of the temple of Philae, page 30.)

DAY SEVEN: ASWAN, FALUCCAS

Our luggage was sent to the Cataract Hotel while we got into small sailing boats, faluccas. These took us to an island and a camel ride to see Aga Khan's mausoleum. Enjoying the lovely day on the Nile and the beautiful scenery, it was a real breath of fresh air. There were about 10 of us in the falucca where we enjoyed the change from the stiffness of the cruise ship; we didn't wish to depart. So we stayed on. For two dollars each we hired the boat for a tour of a Nubian Village and some real native atmosphere. (See Karen Tamura's story on page 34.)

After our unscheduled tour we were ready for another land adventure -- shopping in the bazaars, dickering with local merchants, hiring buggies, walking through local streets, lounging by the hotel pool, and an evening of meditation and healing.

DAY EIGHT: ABU SIMBEL

Abu Simbel is one of the most spectacular architectural, engineering feats of man. Not only did Ramses II build a monumental temple, but modern man honored it by saving it from the Aswan Dam — he moved it 900 feet up the mountain and rebuilt it, block by block (400,000 tons) so that it looks nearly the same as it did in its old location. The work of 50 nations, it took since 1965 to move it, it is now complete. (See page 20 for a photo of Ramses II.)

DAY NINE AND TEN: FLIGHT TO CAIRO

Upon arrival in Cairo many of our group had unfinished business to attend to: perfume shopping in the bazaars, pyramid climbing (see David Russell's story on page 18.) visits to the Dr. Ragab's Papyrus Factory, revisits to the Egyptian Museum and shopping for gold, cotton and spices.

DAY ELEVEN: ALEXANDRIA, THE CATHEDRAL, MONASTERIES

At five a.m. we were on buses for Alexandria, the ancient city of Alexander the Great, 332 B.C. Once in Alexandria we stayed on the bus for an unforgettable tour: miles of a cotton bazaar where bolts are stacked in the sidewalks, gutters, streets; the catacombs, underground tombs of Roman, Greek and Egyptian architecture, statuary and symbolism; and Pompei's Pillar, a 200 foot high lighthouse, of 332 B.C., the first known structure of its kind and purpose in the world.

The most surprising visit was to the Cathedral of St. Mark, where 40 of our group found a respite of peace, permission and quiet simplicity of faith amidst a hostile political and religious atmosphere. (See Lewis Bostwick's story on the prophecy of Alexandria on page 21.) Here, in this cathedral which houses the relics of St. Mark (his skull and a hand) we were blessed by the Bishop with kohl and given holy bread, we prayed the Lord's prayer and I was allowed to lead our group in a prayer of thanksgiving and praise.

This was our introduction to the Coptics, the Christians of Egypt, who call themselves the first church, the first Christians.

DAY TWELVE: THE COPTIC MONASTERIES IN THE DESERT

We left Alexandria and drove into a sand storm that eventually closed all the roads

Continue on page 45

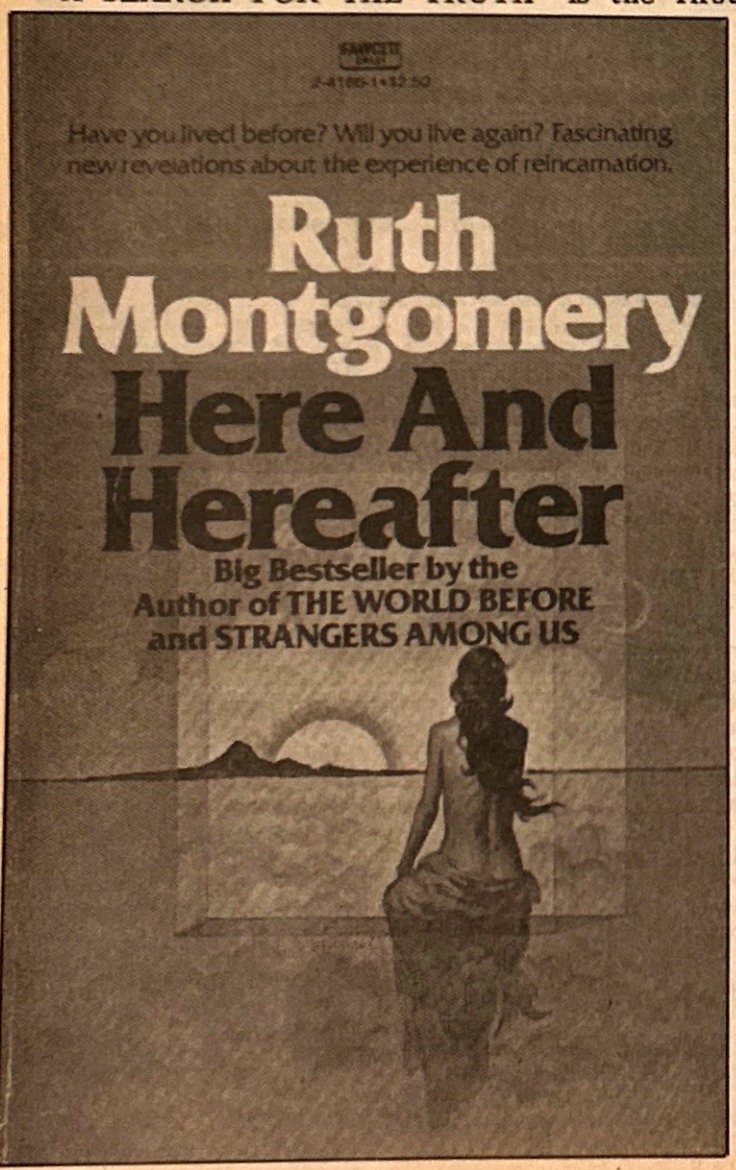
Book Review

"A SEARCH FOR THE TRUTH" - Fawcett Crest Books, 1965. "HERE AND HEREAFTER" - Fawcett Crest Books, 1968. "A WORLD BEYOND" - Fawcett Crest Books, 1971. "THE WORLD BEFORE" - Fawcett Crest Books, 1976. By Ruth Montgomery.

Ruth Montgomery, with the help of her "Guides," has written several books covering various aspects of psychic phenomenon. She uses the ability of automatic writing, or hand trance mediumship to communicate with a group of guides led by a being known to her as Lily.

She first began investigating psychic experience while working as a syndicated columnist in Washington, D.C. Although she denies having any ability herself, she experienced contact with various spirits through the use of mediums which she says convinced her of the existence of spirit.

"A SEARCH FOR THE TRUTH" is the first of a series for Ruth Montgomery. She publishes what her guides communicate to her through the typewriter. She feels that she was "chosen" to disseminate their wisdom and has dedicated herself to fulfilling the wishes of her spirit guides. (It is amusing to note how quickly she gives up her seniority to a being without a body whom she feels has more information than she does.) Throughout the book she offers various evidence of the existence of life after death which she has accumulated over the years. This includes speaking with her dead father through a medium at a seance, questioning the guide of psychic, Arthur Ford, and seeking the advice of Hugh Lynn Cayce, son of the medium Edgar Cayce. All of this is used primarily as a preface for the material she presents from her own guides on easing the "transition called death."


FAWCETT
Have you lived before? Will you live again? Fascinating new revelations about the experience of reincarnation.
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Big Bestseller by the Author of THE WORLD BEFORE and STRANGERS AMONG US

The book presents an overview of her search for her own answers much as we all search for our answers. The inherent danger in being a trance medium is knowing whose answers are whose. Much of the information provided by the guide, Lily, may be valid in its reality; that is the context in which I believe it should be viewed. An example of this is a tip by the guides for establishing communication with "superior disincarnates." The guides encourage the reader to meditate and "strain always to project the mind to a higher reach. This helps to lift your own dynamic powers to meet the charge which we can send you... That is what we ask you to do in a spiritual way with us." As a psychic who communicates with spirit, I hear this guide saying that you have to come out of the body to be able to communicate with spirit.

"HERE AND HEREAFTER" is a collection of personal accounts collected by Ruth Montgomery to further substantiate her belief in reincarnation. She also presents material provided by her guides which attempts to explain "how it works." The author cites many cases using hypnotic regression which have uncovered the existence of past lives. She uses material obtained from "trained psychologists and psychiatrists" which she believes will add credence to the acceptability of reincarnation. It is unfortunate, however, that in the process of regressing that some people, are forced to relive physically and emotionally painful

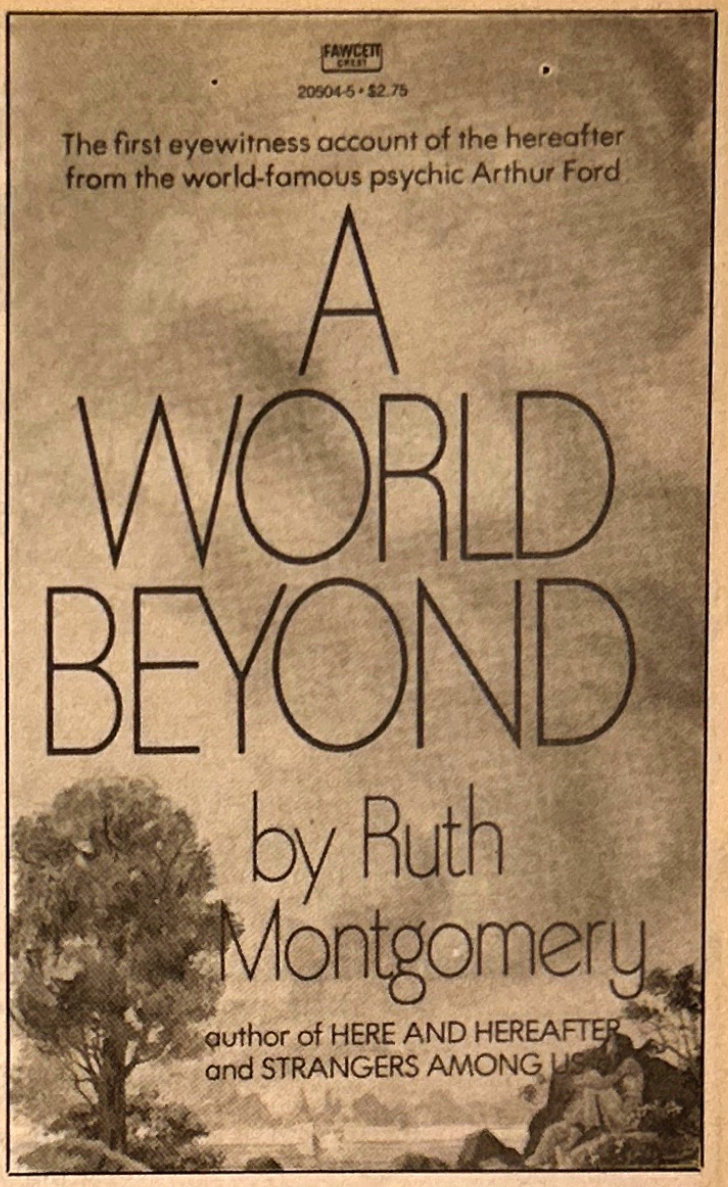
experiences. (It is gratifying to me, as a psychic, that I don't have to make it painful to make it real.)

In "A WORLD BEYOND," the author relates "conversations" through her typewriter with the "world-famous psychic Arthur Ford" who died in 1971. They had become good friends prior to his death, so she was very relieved to find that she could still communicate with him. Arthur dictates a book about what happens when one passes through the "beckoning door" called death, how souls progress, the freedom of being without the physical constraints of a body, and how "he" believes we should all live to gain the most out of our physical existence.

I found the book to be an interesting interpretation of what it is like to exist as a spirit. Although some of the advice given did conflict with what I know to be the truth of my own information, it did serve to strengthen my own belief that I know the difference.

With the help of her guides, Ruth Montgomery traces the evolvement of Planet Earth in "THE WORLD BEFORE", beginning with its creation. The guides provide a rather fascinating look at the history of the planet which is considerably different than most history books I read in school. They chronicle the creation of human souls, the various cataclysms which formed the planet, man's evolution through the ancient civilizations of Lemurea and Atlantis, the shifting of the earth's axis, and the function of the different planets within our solar system as they relate to the progression of the human soul. Amusingly enough, Ruth attempts to verify some of the information through the Encyclopedia Britannica as though it were the ultimate source of truth as we know it. Personally, I'm glad I know how to reach my own information through meditation. I would hate to have to carry around a whole set of encyclopedias.

-Leigh Smith☆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Continued from page 43

going into and out of Cairo. We headed into the Wadi El-Natroun of Shiheat desert to visit the Monastery of St. Virgin Mary, Baramous. Here we were met by a monk shrouded against the whipping sand.

At the monastery we discovered that an English translation (they previously had French, German and Arabic only) on the monastery brochure was printed for the first time because of our visit. We were given a complete tour of the various churches within the fourth century monastery and served tea. We were also allowed some space in the refectory, an ancient space of dining for the monks, to meditate on the spirit of the saints that protected the work of the Coptic Christians there. Our drive back to Cairo was exciting. The sand storm increased and our Coptic guide (the only one we had in all of our tour of Egypt) asked if someone could please use their psychic powers to ease the sand storm. After a few jokes Karen Tamura promised him some relief from the howling wind. That night it rained in Cairo, calming storm and cleaning the air. He later told us that it is not usual for such a wind storm that time of year and it rarely rains.

Our day ended with a tour of Sadat's Tomb and of old Cairo and its Coptic churches. We received a special tour of the tomb of St. Mark, the remains of which were most recently given back to the Coptics by Rome. We also received a short lecture by one of the priests, a charismatic who is searching for answers about healing, an emissary of the Coptic Pope Shenouda. He came to our hotel later to observe our evening healing and meditation session and to receive a healing.

That ended a full two weeks of past lives. Enlightened, full, overloaded with experiences, exhilarated and tired, we left for the Greek island of Rhodes in the Mediteranean Sea. There we rested for a week: we meditated, cleaned ourselves out and managed to nearly buy the island out of furs.

I discovered that I could successfully avoid going into a growth period in Egypt - not be the effect of mounds of information from one's past lives. Instead, I saved my growth for when I got home. I still haven't gotten over the experience. Now, three months later, I am beginning to get rid of the pictures of when I walked that road in Alexandria and listened to a young man named Mark express a simple faith.

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Psychic Glossary

...words used by psychics to communicate about spirit and psychic abilities. Clairvoyants tend to use simple words that describe what they "see" spiritually.

by Saul

AURA: the energy of spirit emanating from the body.

BEING: the immortal spiritual self. The spirit.

CENTER OF HEAD: the space in which you, the spirit, are most aware in the body- located behind the eyes.

CHAKRA: Sanskrit term meaning wheel, symbolizing the seven major energy centers in the body from the crown to the base of the spine.

CLAIRVOYANT: a person who sees light rays, energy, auras, and symbols.

ENERGY LEVEL: specific vibrations of the aura that can be seen as color.

GROUNDING: an energy cord, connecting to the planet.

GUIDE: a being that may act as teacher, healer, or helper to you in your spiritual evolvement. May be an old friend from a past life; often appears to a clairvoyant as it was in its favorite incarnation.

KNOWINGNESS: intuitive information from the being to the body.

MEDITATION: communication with your spiritual self and the God of your heart.

OWNERSHIP: claiming of your own space. The state of beingness in which you are certain of what belongs to you.

PICTURES: mental images that appear in the aura and can be seen by a clairvoyant.

PSYCHIC: soul essence. A person who is sensitive to energy.

PSYCHIC HEALING: the use of spirit to heal the body, also called spiritual or divine healing.

READING: the act of being in an altered state, where a psychic tunes his energy to the vibrations of another in order to sense, see, and know symbols, light, and mental images.

RUNNING ENERGY: a process of channeling cosmic and earth forces through the body to create a state of meditation and increase communication between being and body.

SEEING: experiencing energy on a visual level. A clairvoyant "sees" not only the physical world more clearly, but the spiritual as well.

SPACE: as in "she invaded my space". A psychic lingo term for aura or the sensitive energy of the body.

SPIRIT: you, the being; the soul; the immortal part of you; energy.

SUPREME BEING: God. Creator.

THIRD EYE: located at the center of the forehead. A type of opening and screen through which a clairvoyant views energy. Also called the 6th chakra.

TRANCE MEDIUM: one who has physical and spiritual programming that allows another being to occupy the body. Often the foreign being speaks through a person (for example, Edgar Cayce).

VALIDATION: permission to have and communicate about your own certainty regarding yourself and what you are experiencing. To a psychic, validation is often communicating with others who are experiencing the same things.

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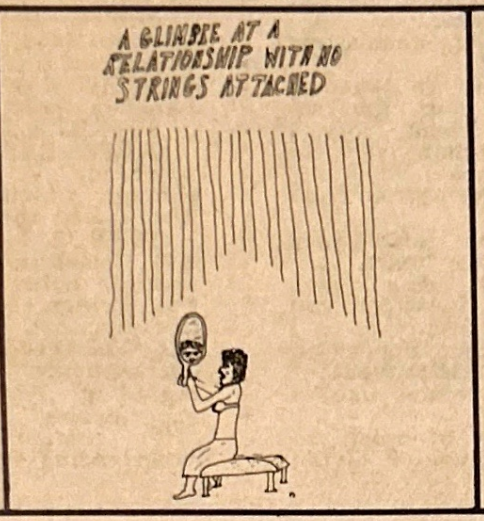

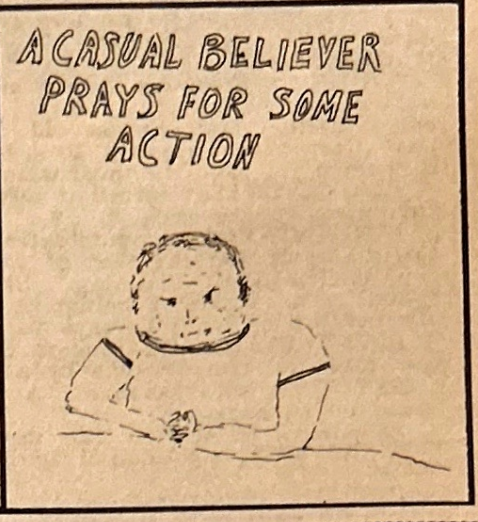

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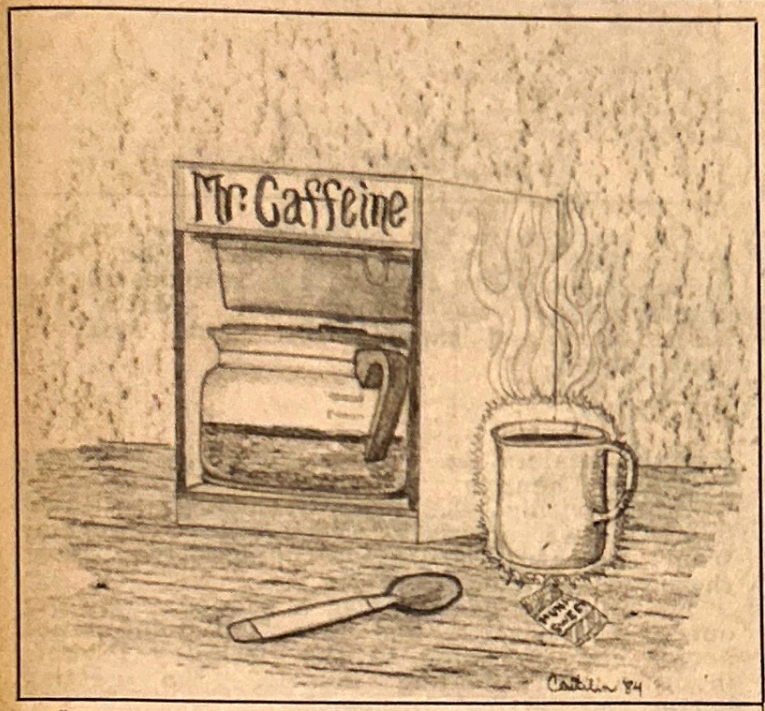


Caffeine Crazy

by Michael Kolack

"George, how much coffee do you drink?" He thought for a moment.

"Oh, about two pots a day."

I was giving George (not his real name) a nutritional reading. What I saw was that his body energy was out of control. His answer validated what I was looking at.

I went on to talk to him about being a trance medium, someone who leaves his/her body and allows another spirit to come in and use their body for awhile.

George was aware of this and thought it was a great game. It validated his psychic abilities. It also made it hard for many people to be around him. They could not handle his energy. They thought he was a little strange.

I asked George, as a body and a spirit, if he was ready to change the game. He was ready. With this permission the reading continued. Next we talked about the group of beings that he had around him. He was aware of them. Some of them he allowed to use his body on a trance medium level. But not always under his control. I gave him some information on how this works.

For another being to come into a body the body energy has to be raised to a very high vibration. Sometimes this is very obvious and the person looks as if they are having a seizure. Usually it is more subtle and the change is not noticed, except by a psychic. In the case of George, it was the coffee that did it. Caffeine acts directly upon the central nervous system. It also stimulates the release of stored sugar from the liver. This accounts for the lift that caffeine gives. In large amounts you can start feeling "high" or "spacy". It affects the energy of the body. It can start to vibrate out of control. A clairvoyant can see this as a buzzing of the crown chakra, the center of trance mediumship.

George admitted that by the time he was on his second pot of coffee there were blank spots in his day, times he couldn't remember. That was when the other beings were coming into his body. He wasn't there.

Next I told him what I saw going on between him and the group of beings that were around him. It looked to me that they were encouraging him to drink a lot of coffee so they could come into his body. He had to start breaking the agreements with these spirits as well as cutting down on his coffee drinking. In this way he could start taking back the control over his own body. I helped George start this by pointing out some past life pictures he had about being a trance medium. I also recommended a balanced diet, especially more protein, B vitamins, calcium and magnesium, to start repairing his body and calming it down. The caffeine had depressed his appetite so his diet was generally poor.

George was stuck on the lie, that to be "spiritual" was to be out of the body and allow other "higher" beings to use it. Because of this lie, he was being very hard on his body.

The amount of caffeine he put in his body was putting stress on his endocrine system, prostate, heart, bladder and urinary tract. His poor diet could cause other problems in time. And some of the beings that he allowed to use his body didn't know or didn't care how to treat a body.

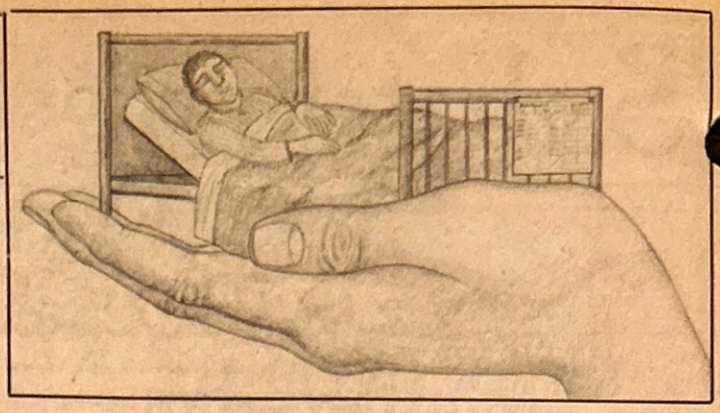
George had to learn to appreciate his body and be "spiritual" in his body. The body can be included in the spiritual growth process. And it's more fun this way too. I saw George a few weeks later. He looked much better. He had started to use the information he got from the reading and was more in his body. He said he was down to just a couple of cups of coffee a day.

It is up to him to continue the healing process. The problem that George had with coffee has been given a name by the AMA --- caffeinism. The symptoms are appetite loss, weight loss, irritability, insomnia, feelings of flushing, chills, and sometimes a low fever.

To a psychic these could also be symptoms of out of control Kundalini energy, the natural body energy we all have. (See PSYCHIC LIFE magazine, Vol. 2 No. 3 1982. Special issue on Kundalini.) Everybody sometimes reacts differently to coffee. Sometimes it turns on your Kundalini. This could be the body saying enough coffee.

Does George remind you of anyone you know? Maybe yourself? This story is just an example of how what you put in your body can affect your spiritual growth. It is not meant to condemn coffee. Some bodies enjoy a little coffee as a validation, making it feel real, for grounding. How does your body feel about it? Hello Body!

Missionary Healing Report



Rose McClintock, coordinator of the Berkeley Psychic Institute Missionary Healing Program, Jim Self, Michael Kolack and Sherry Hamilton, psychic healers, visited Bill. Bill was suffering from malnutrition, extreme intestinal parasites, ulcerative colitis and fungus in the blood. The fungus had gotten into the lungs and in the bone marrow. This is similar to meningitis. This was not "AIDS".

BACKGROUND

Bill had been afflicted with this disease since July, 1983. The antibiotics given him made him very weak and he had been in the hospital for three and a half weeks, checked out and was readmitted a month later. Bill is a psychic student and understands basic self-healing levels. He was, however, having some difficulty working on himself and requested a healing before being given a series of tests at the hospital.

THE HEALING

The hospital was connected with a medical school and the aura around it was very experimental. There were also some laser beams being directed at the hospital on an experimental level.

The nurses were very psychic and attuned to changes in the energy. The healers continued to work past visiting hours, but it didn't seem to be a problem for the nurses.

When the healers entered the room Bill got sick and vomited. The psychics saw this as his anticipation of letting go of pain, as though he had been holding his breath waiting for them to get there.

After cleaning this energy from his aura, the healers saw that Bill's problem was that he felt he needed to punish himself. Bill is gay. His father feels guilty about having a homosexual son and runs this guilt through Bill. That guilt keeps Bill from being in touch with his own body. Bill's problems began when he learned he could totally rebuild energy. With the punishment for being gay energy around him, he decided to destroy everything right then and there. He had to be reminded that he created this illness, that he is both creator and destroyer of his own universe.

He brought in the parasites to "clean out" those parts of himself he didn't like. The healers helped Bill remove the self-destruction concepts he was stuck on. With this information and support Bill could start to heal himself.

EPILOGUE:

For the healers, as well as for Bill, this was a total healing process. They enjoyed working within the hospital energy without being the effect of it. They enjoyed working from a neutral, objective perspective where there was no judgement.

For Bill the healing was a success. He got out of the hospital and says "I'm doing much better and am going to the Berkeley Psychic Institute and healing myself. I'm getting better and getting stronger."

-compiled by Darla Christiansen from the files of the Missionary Healing Program ☆

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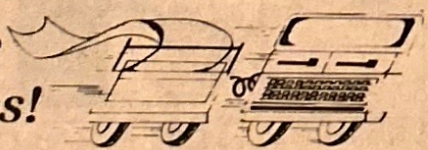

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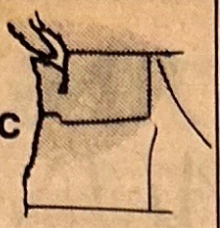

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What Color Is Your Aura Today?

Around your body is yellow and white. You are cleaning out the energy that is past time information on taking care of your body. How you eat, sleep etc. These old habits are not appropriate for you now.

Your next layer looks out of sorts. In the past, how you communicated with females was not very comfortable to your body. These colors are red, blue and green.

I see you getting caught in effort as you go to create for yourself in your 3rd layer. There is a layer of white energy here that you created as a child to buffer your mother's energy in your space. She was a little afraid of you creating trouble when you were younger.

You have a strong hold on this red energy in your 4th layer saying "MINE." You are owning your next step.

There is a family member who is/was a minister. He has a bluish purple energy in your 5th layer blocking your information on spirit, creating in a body.

Your 6th layer is bright yellow. You enjoy watching other people and how they have created their space.

You have been doing a lot of work in your dreams. Your 7th layer is deep blue and I see you out gathering information in your sleep.

-Excerpt from a reading-

Maybe it's time you had a reading. For an appointment call (415) 548-8020. Learn to use your own abilities - we have beginning classes and workshops, as well as a one year seminary training. Psychic Abilities Demo - Tuesdays, 2-5, Berkeley.

SPIRIT PHOTOS

This being is an old mathematician who is interested in getting information about new-age computers. He looks like an old friend of Solomon's (the boy on the right).

-Reading by
Sandy Johnson

Do you have any of your own spirit photos you would like to share with us? We would like to publish reader's photos as space permits. Along with your picture, please include any information about the circumstances of the picture, such as, what you saw as you took the picture. All photos will be returned, if mailed with a stamped, self-addressed envelope. Mail to: Psychic Life, 1339 Lincoln Ave., San Rafael, CA 94901.

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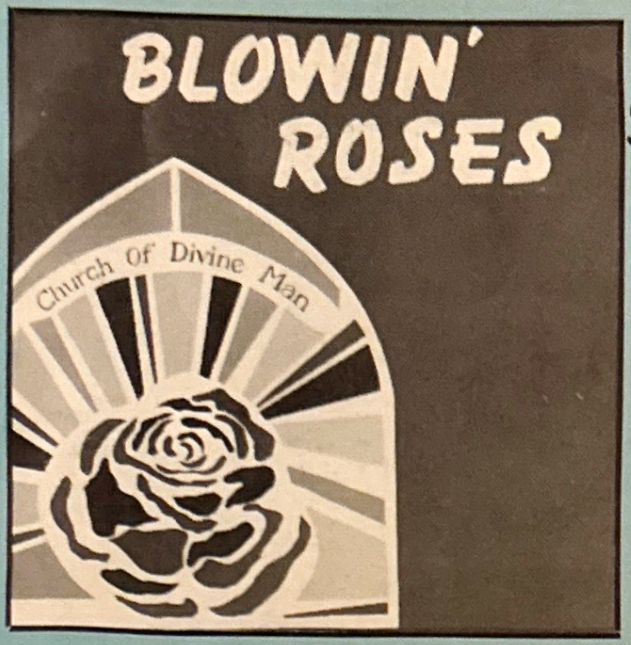

On Record and Tape

Songs of Psychics

Stop and Take a Look
by Richard Williams

There are times when I find myself
in a certain frame of mind;
When my words and my actions
don't ring true.
When that great state of confusion
distorts my point of view,
Then I know that there's just
one thing left to do.

Then I just stop and take a look
At what's behind my mood
I just stop and take a look
At what's denying me.
I just stop and take a look at
all the things
That won't let me be.

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